

# Newsletter – the ISIS School of Holistic Health Ltd



Issue 111: April 2026

## ISIS (ISET) Divine Mother of All offers words of wisdom to support our soul's evolution



**This is ISET (ISIS) the Divine Mother speaking** (*channelled by Fotoula Adrimi*)

**Many newsletters have commenced with the phrase**, 'Your world is in a state of transition,' or, 'You are living through changing times.' The reason I speak in these terms is that your world is changing with increased speed. What you knew to be true before, is being reshaped.

There are two forces in your world, and this is why the earthly plane is referred to as the world of duality. The dual forces are:-

- the awakened truth of the infinite spirit, that which you and all creation is; the essence of unconditional love, of Oneness; and,
- the conditioned ways that create separation between you and the rest of the cosmos, borne out of a perceived need for survival in what your mind regards as a hostile world. The conditioned way creates competition and suffering.

These two forces have been on Earth for a very long time, since the primordial karma, which took place when a human being was killed by another human being, due to jealousy and hate.



The channellings, practices and ceremonies contained herein are for your personal use.  
Please do not teach this material as your own, as this is unethical.

To contact The ISIS School please email: [info@isis-school.com](mailto:info@isis-school.com)

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This is the time to rediscover  
your essential nature,  
to return to the wholeness  
of your spirit, and find a way  
to transmute the toxic  
energies of separation

Image : Jasmin\_Volker\_Fotografie

Since that time, the same karma has been playing out in your world. There are stories in different traditions that refer to this first killing. Now you can see it playing out on Earth and involving not just two people, but whole nations.

### **Healing the First Karma through Unconditional Love**

This first karma plays out until it can be healed. The only way healing can take place is if you move out of the second force - the survival and separation duality, into the Oneness of unconditional love. There is no other way.

*Oneness teaches you that harming another,  
is harming yourself.*

Imagine yourself as a cell in the body of creation. All aspects of life are an individual cell in this body. If one cell attacks another, the whole body ails. What are the cells of the body that attack other cells? They are the cancer cells, whose essential nature has been altered. And, as they take over the organism, these cells create destruction in the tissues.

We ask you now to work to rediscover your essential nature, to return to the wholeness of your spirit, and to find a way to transmute the toxic energies of separation.



## Establishing Healthy Boundaries

Becoming a being of radiance and unconditional love does not mean that you have no boundaries. Your boundaries become even clearer the more you grow. You are able to tap into an inner wisdom that helps you discern what serves you and the Light. You make healthier choices regarding the people, energies, and situations you engage with.

*Unconditional love does not say 'yes'  
to those who try to cross your boundary.*

This is a misconception in your world. Unconditional love comes with unconditional forgiveness. Whilst you completely forgive, you do not allow those energies of separation to invade your environment. You draw a clear border, all the while releasing anything that keeps you stuck in unhealthy situations.

By upholding the truth and light in your life, you remove the source of separation, and you enable the light to grow within yourself. Nothing is more important right now. This is a perfect opportunity to go back into the Oneness that you are, in a healthy way. Your world of duality presents you with this choice every single day.

When you lived in the higher dimensional planes of spiritual expansion, there was little room for choice: you naturally chose the Oneness route, for this is what you knew and saw around you. But now you have been plunged into a world of separation that is tearing itself apart and self-destructing. Are you able to choose the route of Oneness, forgiveness, and unconditional love, whilst maintaining healthy boundaries that safeguard the light of the world? This is a conscious choice that is presented to each of you daily.

By upholding the truth and light in your life,  
you remove the source of separation



Image : John

Another conscious choice that these times offer, is the choice to release and let go. This is a choice to become detached from so many things, for instance:

- the things you think you need to survive;
- the plans and desires for the future;
- the beliefs that you hold true about yourself and the world around you; and,
- the fears and doubts of your conditioned mind.

### **Acting from the Wise Self and Honouring your Soul's Purpose**

The choices presented to you are ones of trust – deep trust in your inner wisdom and knowing, that goes beyond what the conditioning has told you. Developing trust in your inner wise voice is a huge leap in your evolutionary path. Everyone has access to incredible knowledge. Your wise spirit knows the future and all that is going to take place in your life. Your soul planned the main circumstances you will encounter in your life when your soul felt the deep calling to incarnate on Earth during these times of transition.

It is this deep connection with your infinite spirit that will see you through these challenging times, and will help you expand your awareness and inner radiance even more.

These challenging times are seen so differently from the point of view of the soul. They are the fertile ground for spiritual evolution to take place in an unprecedented way. The choices I spoke of are the way to take you there. The path of light is open before you, inviting you to choose a different way of being, calling you to become what you already are; a wise being of light, an enlightened spirit who lives in a body.

For thousands of years the door to spiritual awakening has never been as open, and yet, at this time, it is the most difficult door to find and accept, as well as to surrender to its invitation to keep crossing its threshold.



It is a deep connection  
with your infinite spirit  
that will see you through  
these challenging times

This message has been channelled by Fotoula from her spirit guide, the ancient Egyptian Goddess ISIS. For thousands of years ISIS myrionimos, the Goddess of ten thousand names, has been radiating the light of awareness to the earthly realm, opening a path towards self-realisation and enlightenment. Fotoula has been channelling a vast body of her teachings called the Seven Gates of Awareness, which are a path of spiritual initiation for our times. The ISIS School teaches this path in person in Glasgow, Scotland, and online - see below



## **Egyptian Mystery School Teachings The Path of ISIS Introductory Course -**

***The Spiritual Path of ISET, Part 1  
In Person and Online dates for 2026***

***Booking essential to secure your place***

The **Spiritual Path of ISET, Part 1** is the introductory 3-day course for the Path of ISIS teachings. These teachings are a path to Awakening and Ascension that support us to embody our Divine self. Their aim is to open us to the Light of the World, so that we can become that Light, the Living Light, the Light of our essential nature. The course involves an Initiation process that opens the way for participants to channel the high energy vibrations of the Living Light.

**Online: 12noon - 18.30 (uk), Friday 17th - Sunday 19th April 2026**

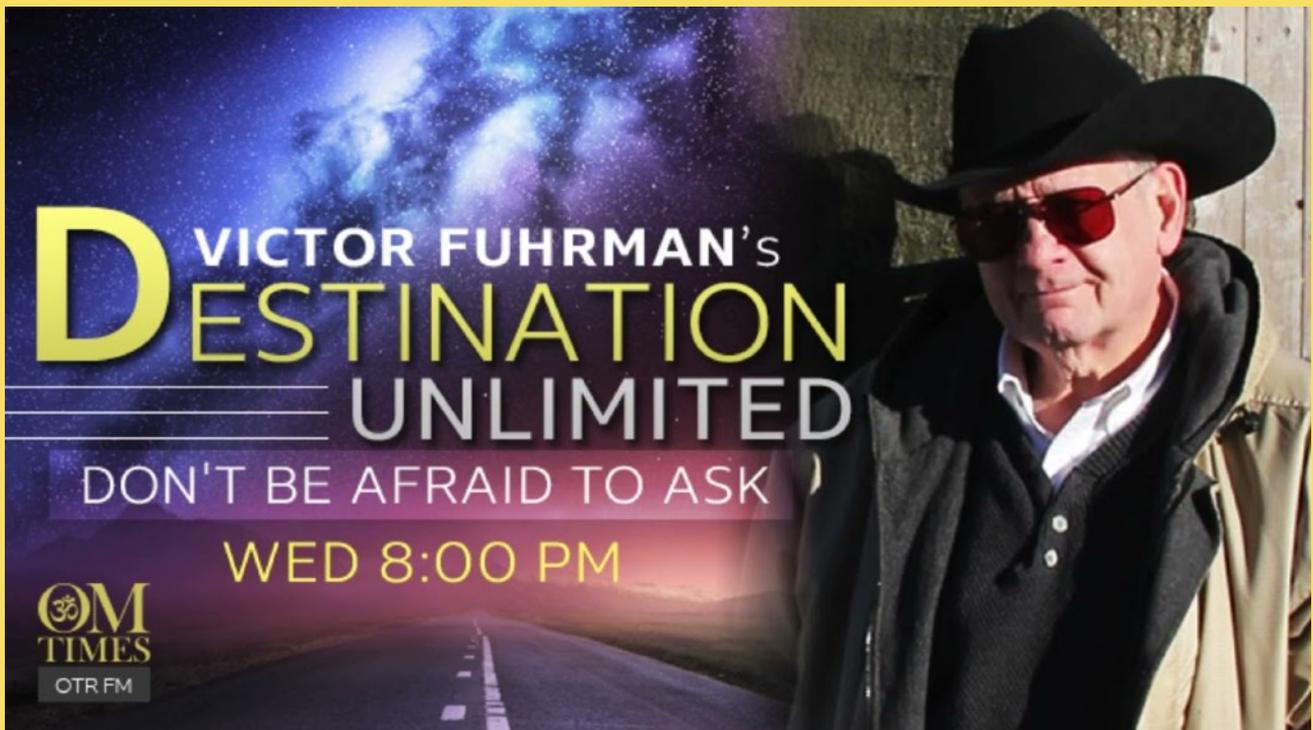
**In Person: Glasgow, Scotland - 10.00-17.00, Friday 13th - Sunday 15th Nov 2026**

**Investment for each 3-day Course: £399.00; Deposit: £200.00 (by bank transfer)**

For bookings email the School - [info@isis-school.com](mailto:info@isis-school.com)

**More Info**

## Victor Furhman's of Destination Unlimited - interviews Fotoula



How may ancient shamanic wisdom combat negative energy in today's world?

In this Podcast for Destination Unlimited, Victor Furhman interviews Fotoula, who has been using ancient wisdom since 2006 to bring light and healing into our world.

Victor speaks with Fotoula on many different aspects of spirituality and shamanism. Fotoula talks about the soul evolution work of sacred mysticism of Egypt and the love that our spirit is. And, at the same time, she educates us on the depossession and curse unravelling work that are part of a shamanic practice.

Her way, that brings more permanent and positive outcomes, is to treat all beings and spirits with compassion, non-judgement and respect.



## **ISET Initiates Community Page**

*(The information on this page is for ISET Initiates who have taken initiation into the Path of ISIS / Path of the Living Light through attending the Spiritual Path of ISET, Part 1: 3-day Course)*

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### **Online ISET Initiates Circle - Tuesday 28th April**

**Theme :** Sekhmet Speaks

The destroyer of the illusionary worlds, Sekhmet. speaks to us about our times, offering a bigger perspective. We travel to her temple during ZEP TEPI and connect with her.

In the Circle we will share the story and hymn of Sekhmet.

**Circle Date:** 19.00-20.30 (uk), **Tuesday 28th April**

**Investment:** £15.00 for each Circle (or join the monthly plan - see [website](#))

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### **The Path of ISIS: Pyramid Text Ceremony 18.00-21.00, Friday 12th June - In Person and Online**

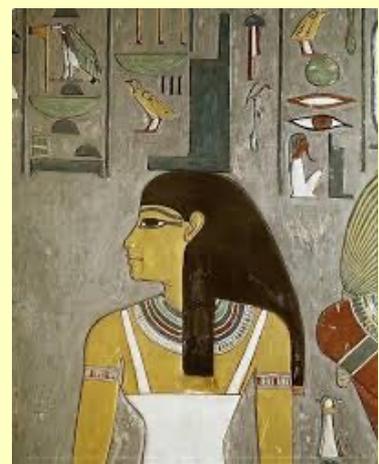
Theme for the Summer Solstice Ceremony - **The Manifested Reality**

During the summer solstice, we meet the creator in the form of Amun Ra, who narrates a story of creation of the manifested reality as it arose out of the nothingness of the abyss, Nun. The Initiates of the Living Light are encouraged to travel between the different realities of matter and spirit, in order to become the wise souls whose mouth is equipped to speak sacred knowledge.

**Time and Date:** 18.00-21.00, Friday 12th June

**Venue:** Fotoula's Flat and through zoom. *(In person number limited to six Initiates please book your space as soon as possible).*

There is no cost for the Ceremony - it is a gift from ISET to her Initiates



# Principles of Shamanism

## How to Walk the Shamanic Path

**Shamanism is experiencing a huge resurgence**, especially in the western world. Whilst some indigenous shamans see their communities abandoning traditional ways in favour of a more western lifestyle, they are happily surprised to be visited by western spiritual seekers who wish to be taught the spirituality of the Earth.

Shamanism is finding many ways of expression in our modern world. In the beginning most people look for their power animal, or find the idea of travelling to parallel realities, attractive. Yet shamanism is much deeper than psychic awareness. As we walk the path we meet key principles found in shamanic cultures, that speak to our heart.



**Principle 1 - Everything is alive and conscious** Shamanism teaches that every life form has consciousness. In the physical world there are four kingdoms: plants, animals, humans, and stones. Every being, from a blade of grass to a small pebble has consciousness.

**Principle 2 - Everything has its place** All beings are equally important and everything has its place in this world, there is no hierarchy. Humans are no more important than plants or animals. We are all vital members of this earthly ecosystem and the Earth is also a vital member of the cosmic ecosystem.

**Principle 3 - Interconnectivity** Everything is connected through universal energy. We are all cells of the one body of creation. Even though we experience ourselves as an individual being, we are, at the same time, all part of a universal whole.

**Principle 4 - Nature is a Teacher** Earth is a place of learning, a school for soul evolution and nature is potentially our biggest teacher. It is in nature that we find the way back to ourselves. It is in the wild that the voice of the conditioning may be silenced, and we can listen deeper and more fully to the music of the wind, and the sounds of the natural world.

**Principle 5 - Helping Spirits** These are transcended beings working for the highest good, who ask nothing in return. They will support our wish to awaken and teach us through life experiences. Helping spirits may be local - found in a certain place and forming part of a particular culture. Or, they may be global, spirits who work throughout our world and who are found in many cultures under different names and guises.

These helping spirits appeared to our ancestors and taught them how to serve their community and the Earth by giving them access to the invisible realms, through different practices and specific pathways. They may appear to us when we are ready and as a result we may experience a deep calling in our heart. They can show us how to work with them. We cannot practice shamanism without connecting to the helping spirits. Ways of connection differ: drumming, journeying, mantra recitation, sacred song, deep listening, meditation in nature, being embodied by the spirits through trance etc are all ways to work with them.

**Principle 6 - The Human Teacher** The path opens through connection with the spirits but our guide in the shamanic ways is a human teacher/elder who has already developed the art of shamanism to some degree. The shamanic ways may vary, as they are practiced from a person to person, but the principles remain the same. It is vital to find a teacher who we resonate with to show us how to practice and what to do. The teacher helps us build our own bridge between the physical world and the spirit realms. We may have the predisposition – the materials to build the bridge, but it is the teacher who shows us how to build it. Unless we have a sturdy bridge, it will not be safe to travel over it. The teacher imparts methods and knowledge and offers students transmissions of the teachings in the form of etheric energy. These transmissions are given by the teaching spirits through the human teacher. It is always the spirits who teach, but they go through a human person who has already embodied the teachings they offer.

**Principle 7 - Sacredness of life** Practising shamanism is a gift and therefore, it is important that we reciprocate, and offer gratitude back to life. So many life forms support us to live our human life. To acknowledge this and repay the gift in a sacred way, we live a life of service to the highest good and the light, and we transcend the egoic mind through the opening of the wise heart. As we heal ourselves, our community, and the Earth, working individually and collectively, we shine a light that dispels the darkness of our times. And when the time comes to pick up our steps and move through the veil, we leave the Earth a more beautiful place than we found it.



In this video Fotoula speaks about the two day **introduction to Shamanism Course** that she is facilitating Live Online **on 25th-26th April** – see next page for more details about the course



# Introduction to Shamanism & Shamanic Journeying

with Fotoula Adrimi

Join us  
Live Online for  
a comprehensive  
two day  
Introduction to  
Shamanism  
Course facilitated  
by Shamanic  
Teacher Fotoula  
Adrimi



Live Online - 25th-26th April

Our Earth Our Home  
The ISIS School of Holistic Health



## Introduction to Shamanism - Course Overview

This is a unique workshop and teaching that will help you access your inner mystic, visionary and oracle, and discover the non-ordinary reality. You will have the opportunity to connect with your power animals and spirit guides. Through the ancient art of shamanic journey we grow our power and access our essence of love. We meet our spirit teachers and receive valuable insights on issues we may face and evaluate our personal life. We realise that we are not alone but part of a multi-dimensional universe that supports our growth. In our experience of over 17 years, shamanism has helped many overcome fear, sadness and gain confidence. People who attend this two-day Introduction to Shamanism course may feel that they are finally coming home.

### The Course Covers

- foundation teachings on how to journey shamanically and access the different etheric planes in the lower, middle and upper worlds; how to open sacred space and work safely with your spirit guides and power animals;
- how to build a shamanic altar;
- what is classic shamanism and shamanic healing
- how to retrieve your inner power and carry out power retrieval for others.
- power songs and healing chants, working with the drum/rattle.
- how to work with the Medicine Wheel for deep alignment and direction.

## Fotoula Adrimi



Fotoula is a highly experienced shamanic teacher and practitioner. She has been holding weekly shamanic circles and workshops since 2009 and teaching shamanic practitioners since 2012. Fotoula teaches ancient methods of classic and cross cultural shamanism that have been practiced on the Earth for thousands of years.

The Course requires advance booking with deposit to secure your place

**Investment:** £250.00

**Deposit:** £125.00, to secure your place  
(non refundable and non transferable)

### Live Online Course Dates and Time:

14.00-19.00 (uk) (both days),  
Saturday 25th - Sunday 26th April

**To book** contact Fotoula And Fi -  
[info@isis-school.com](mailto:info@isis-school.com)

**More Info**



Shamanic  
Practitioner  
Course UK

Join the new  
In Person  
Course in  
2027

## In Person Shamanic Practitioner Course

### Join us in February 2027 - book your space

**A shamanic practitioner is a bridge** between the world of spirit and the alternative realities, and our own physical world. The practitioner crosses the bridge entering parallel universes to bring healing, life-force, guidance and deep awareness to themselves, their clients and their community.

The ISIS School offers an in-depth **In Person Shamanic Practitioner Training** designed to take participants through the initiations of the shamanic path and teach the healing work of a shamanic practitioner. Participants will work with spirit guides and teachers of the light, to become the bridge between the worlds and bring the spiritual light into the physical reality.

#### **How is the Shamanic Practitioner Course designed?**

This is a powerful shamanic practitioner course that involves learning and practicing ancient ways. The course is designed to take participants through the initiations of the shamanic path and teach the healing work of a shamanic practitioner.

#### **What will the Shamanic Practitioner Training cover?**

The training covers ceremony, Power Retrieval and Introduction, Healing with Spiritual Light, Medicine for the Earth, Shamanic Journeying and Divination, Soul Retrieval, Extraction, Psychopomping, Death and Dying, and finishes with a Graduation Ceremony. It is a comprehensive course offering a strong foundation for shamanic practice.

#### **How long is the Shamanic Practitioner Course?**

The whole shamanic practitioner course is taught as a **two year ceremony**. It is much more than sharing information and techniques. We will be riding a shamanic wave on a journey home to ourselves. We hope that the ceremony will carry everyone to a new depth and inner understanding of themselves, within and outside the times we meet.

## About the Shamanic Practitioner Course

To graduate as a shamanic practitioner participants need to complete all modules and casework, and attend the graduation ceremony. This is a commitment each participant makes with the wise spirits / guardians of these ancient teachings. The shamanic practitioner course teaches the methods but it is up to participants and their wise spirit teachers to develop the art. No-one can make us a practitioner. It is an inner calling and a gift from spirit to the person.

Once you sign up, changes may take place to align you with your path and soul's calling.

### Places on the course are limited.

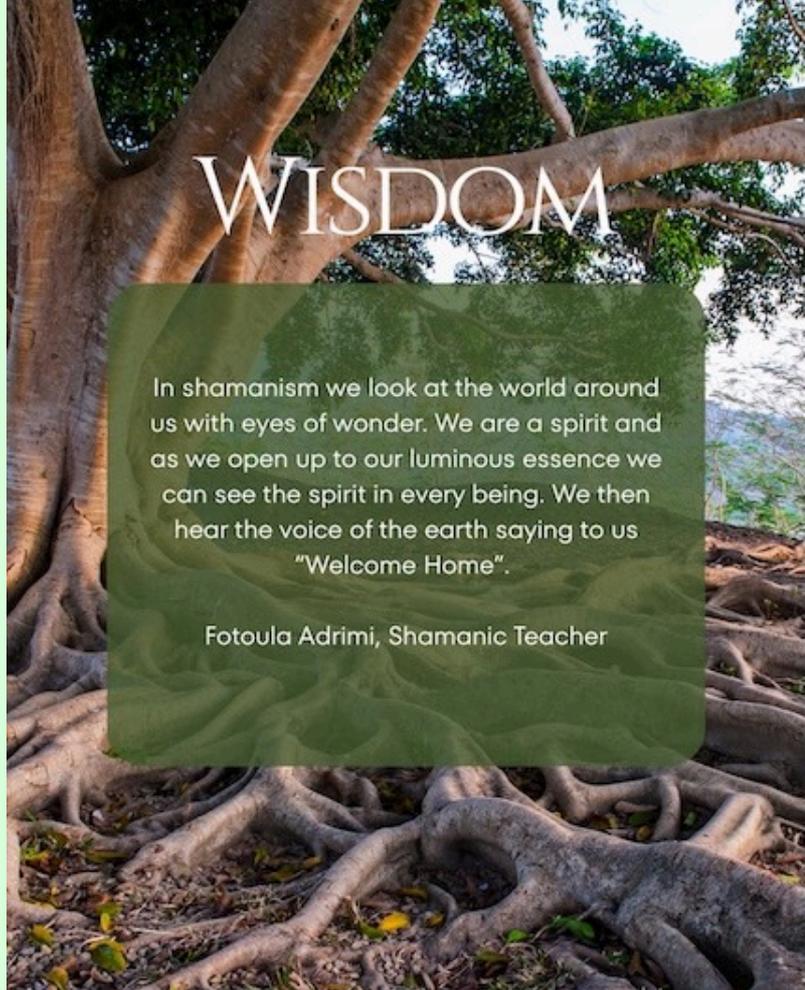
Bookings are essential. We teach in small groups to allow space for each person on the training to speak and be heard. *(Note: Should there be any restrictions to meeting in-person (eg lockdowns) the course will continue online for the affected meetings.)*

If you are interested in the Shamanic Practitioner Course then email Fotoula: [info@isis-school.com](mailto:info@isis-school.com)

**In addition**, there may be spaces available for anyone who has already completed the Shamanic Practitioner Course with The ISIS School of Holistic Health Ltd, and wishes to repeat the course. Please contact us.

### Shamanic Teacher - Fotoula Adrimi

Fotoula Adrimi is a highly experienced shamanic teacher who radiates the light of compassion to her students. She has been holding weekly shamanic circles and workshops since 2009 and teaching shamanic practitioners since 2012.



In shamanism we look at the world around us with eyes of wonder. We are a spirit and as we open up to our luminous essence we can see the spirit in every being. We then hear the voice of the earth saying to us "Welcome Home".

Fotoula Adrimi, Shamanic Teacher

Shamanic Practitioner  
Training - Read More

# Shamanic Retreat in Scotland with Nepalese Shaman - UK Retreat

18th – 21st June 2026,  
Larbert, Scotland, UK

## The Theme for the Retreat - Goddess Lakshmi - the Divine Goddess of Wealth and Prosperity

**Lakshmi, the Divine Goddess of wealth and prosperity**, was born from the stirring of the primordial milky ocean by the deities and demons. This significant event underscores her Divine origin and sets the stage for her role as the Bestower of Abundance. The name Lakshmi is derived from the Sanskrit word Lakshya, which means aim or destination.

**During the Retreat** participants will navigate through the limitations and obstacles of everyday life, journey to animal spirits, and approach the Goddess for messages and intuitions for successful and balanced material and spiritual prosperity. The Sacred Mandala of the Goddess, ritual offerings, initiation, ceremonies, fire ritual, and healing sessions, will be the highlight.

For more info visit our [website](#)

### Bhola Banstola, Nepalese Shaman

Bhola was born in the foothills of Mount Everest in the district of Bhojpur. At a young age, he was chosen by the ancestral spirits to carry their message and healing traditions. Bhola received his training from his grandfather who was a skilful and well-known local shaman. He has also studied shamanism with different teachers in Nepal, Northeast India, Bhutan and parts of Sikkim and Darjeeling.

Bhola was educated in Nepal and India and holds a Master's Degree in Cultural Anthropology from Delhi University. He has spent long periods with Shamans in India, Nepal, Bhutan, and Tibet. He has been working and teaching all over the world.



### Residential Retreat

The retreat is residential, with shared accommodation. Meals are vegetarian.

The cost of the retreat includes Bhola's teachings, accommodation, and food.

**Venue:** Carronvale House Conference & Rec Centre, Larbert, Scotland

**Date:** 18.00, Thurs 18th-13.00, Sun 21st June  
(finish at 1.00pm and then lunch is provided)

**Cost:** £595.00 / **Deposit:** £295.00 - deposit (non-refundable) secures your place

**To Book:** Or if you have questions, please contact Fotoula: [info@isis-school.com](mailto:info@isis-school.com)

*Spaces are limited. Please let us know as soon as possible if you wish to attend*

# Priestess of the Moon™ Training

*Registration is now open for the new Priestess of the Moon Circle beginning February 2027*

## Priestess of the Moon Training

Answering the call of the Moon

A new Circle begins in Feb 2027

### **A two-year Training that supports women to embody their sacred power**

For thousands of years ceremonies took place in sacred sites overseen by Priestesses and Priests of the Living Light. This lineage, that was also found in Scotland, is being reintroduced through The ISIS School of Holistic Health Ltd. The ceremonies and teachings take women into a magical journey of self-empowerment and deep realisation of their inherent gifts.

The Celtic Goddesses and spirits of the land welcome back the women who open their heart to their deep connection, ancestral wisdom and magic.

### **The Priestess Training Programme**

The Priestess of the Moon™ Training is based on the Celtic Pagan tradition but at the same time, adopts a cross-cultural approach. During the course we explore ancient traditions of the Goddess and female priesthood from different cultures around the Earth, such as ancient Greek, ancient Egyptian, Shamanic, Native American and Himalayan.



Participants can find their own representation of the Goddess in whatever way is suitable for them and their beliefs.

The Priestess Training begins with an Initiation in a Stone Circle of the Sun and Moon, an ancestral place of power, where we make the commitment to walk the Path of the Priestess and support each other as women co-creating a Circle of Sisterhood. We bring our gifts into the world and share them with All.

The Course will teach you how to hold Ceremony for yourself, the circles of people who will come to you, and the people who wish to go through Rites of Passage. During the two years we share the Priestess of the Moon Ceremonies:

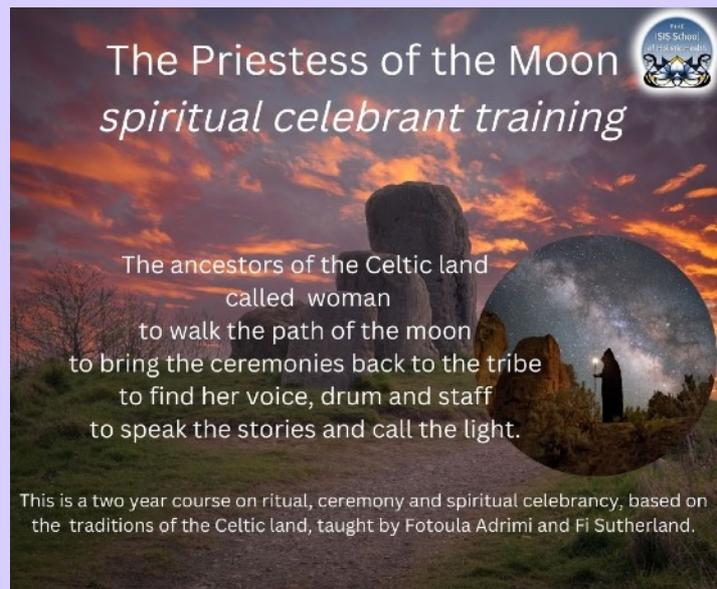
- the Sun Festivals - the equinoxes and solstices, and the Fire Festivals - Imbolc, Beltana, Lammass, Samhain;
- the different phases of the Moon - the dark moon, new moon, waxing moon, full moon, waning moon;
- Ancestral healing ceremonies;
- Womb Rites - womb healing and activation;
- Naming ceremony - for babies and adults;
- Funeral service;
- Sacred Marriage to the higher self;
- Hand Fasting Ritual;
- Working with the Fae and spirits of the land;
- And many other ceremonies and teachings.

## How to join the Priestess of the Moon™ Training

If you are interested in joining the Priestess of the Moon Training contact Fotoula and Fi for the Registration Forms - email: [info@isis-school.com](mailto:info@isis-school.com)

This is a Circle of women who are committed to working together for two years. It is a huge commitment. It means that you have to attend the two Residential Retreats and the seven Weekend Trainings which are all in-person. And attend the twelve Live Online Circles - six in 2027 and six in 2028. For people who have not worked with us before, when we receive your Registration Forms we will arrange a zoom chat so that we can meet each other, speak more about the Training, and answer any questions you may have.

There is more information on the Course on the website as well as all the practical information



[More about this powerful Training](#)

# Circles & Energy Transmissions - April

## Shamanic Circle - The Way of the Drum

**Fotoula** has been facilitating the **Shamanic Circle - The Way of the Drum** since 2009. She is an experienced shamanic teacher and practitioner who has helped many people find their calling through shamanism and alternative spirituality. Investment for each Circle is £18 / £15 conc.

**Circle Dates: In Person** - 20th April and 27th April

**Live Online:** 6th April

[More information about the Shamanic Circle](#)



## Fi's Live Online Meditation and Chanting Circle - Thurs 19.00-20.30 (uk)



The Circle is open to beginners and experienced practitioners. We harness the power of mantra - sacred sound - to help us awaken enlightened qualities within us and transform the conditioning that limits us from experiencing our Divine Self.

**Circle dates: 2nd, 9th, 16th, 23rd, 30th April**

Cost for the Circle - £10.00. Payment by bank transfer or via PayPal using - [fi@isis-school.com](mailto:fi@isis-school.com). [More information](#)

## ISIS Energy Transmissions of the Living Light - April

The ISIS School offers everyone the opportunity to connect distantly with the ISIS Energy Transmissions and experience the high vibration and healing qualities of the Living Light.

**Transmission dates** (19.00-20.00 uk): **1st, 8th, 15th, 22nd, 29th April**

Please email the School: [info@isis-school.com](mailto:info@isis-school.com) if you wish to connect with any or all of these Transmissions. For information on how to connect with the ISIS Energy Transmissions [click here](#)

## Rays of Divine Consciousness Transmission - April

Each month the ISIS School offers a Transmission of the Rays of Divine Consciousness that is open to everyone, worldwide.

The Rays Transmission is: **19.00-20.00 (uk) Tuesday 14th April**. Please check your time zone if connecting from overseas. There is no need to let us know you are connecting with the Rays Transmission.





## The ISIS School Calendar of Events

*(Click the blue text to find out more information about an event)*

### March 2026

**26th:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**28th: In Person and Online** [Advanced Shamanic Practitioner](#) - Ancestral shamanic practitioner

### April 2026

**1st:** 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

**2nd:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**4th:** 14.00-18.30 [The Healing Art of Shamanic Drumming](#), Part 2 - for those who attended Part 1

**6th:** 19.00-21.00 [Shamanic Circle](#) - **Live Online** - Open to all

**7th:** [Priestess of the Moon Live Online Circle](#) - for participants in the Current Priestess Circle

**8th:** 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

**9th:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**11th: In Person** [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

**12th: Online** [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

**14th:** 19.00-20.00 [Rays of Divine Consciousness Transmission](#) - Open to all

**15th:** 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

**16th:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**17th-19th:** 12noon-18.30(uk), Path of ISIS, [Spiritual Path of ISET, Part 1](#) - **Live Online.** *(The Introductory Course for the Path of ISIS Teachings)*

**20th:** 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

**22nd:** 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

**23rd:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**25th-26th:** 14.00-19.00 2-day In-depth [Introduction to Shamanism Course](#) - **Live Online**

**27th:** 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

**28th:** 19.00-20.30 [ISET Initiate Circle](#): for Initiates of the Path of ISIS

**29th:** 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

**30th:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

# The ISIS School Calendar of Events continued

## May 2026

**1st-3rd:** Current [Priestess of the Moon Training](#) - Beltana and Full Moon

**6th-10th:** Current [Shamanic Practitioner Training](#) - Soul Retrieval

**11th:** 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

**14th:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**19th-24th:** [Rays of Divine Consciousness Shamanic Retreat](#): Six day Residential Retreat in Scotland - an intensive residential retreat that combines Shamanic and Spiritual Practices with Initiation and Ceremonies in Sacred Sites

**25th:** 19.00-21.00 [Shamanic Circle](#) - **Online** - Open to all

**26th:** 19.00-20.30 [ISET Initiate Circle](#): for Initiates of the Path of ISIS

**27th:** 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

**28th:** 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

**30th:** In Person [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

**31st:** Online [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

## June 2026

**12th:** Summer Solstice [Pyramid Text Ceremony](#) - in person and online, for ISET Initiates

**13th:** 10.00-16.30 [The Healing Art of Shamanic Drumming](#), Part 3 - for those who attended Part 2

**14th:** 10.00-16.30 [The Healing Art of Shamanic Drumming](#), Part 4 - for those who attended Part 3

**18th-21st:** [Shamanic Residential Retreat with Nepalese Shaman, Bhola Banstola](#) - Theme: Goddess Lakshmi - the Divine Goddess of wealth and prosperity

**22nd:** [Shamanic Dance of the Sacred Spirits: Earth Healing Ceremony](#) (Open to all)

## July 2026

**3rd-5th:** 10.00-16.30 [Healing Art of Shamanic Drumming](#): Shamanic Drumming Teacher Training - Part 5

**11th:** In Person [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

**12th:** Online [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

**17th-19th:** 10.00-17.00, Path of ISIS, [Spiritual Path of ISET, Part 2](#) - **In Person & Online.** (*The Second Course for the Path of ISIS Teachings Gate 1 teachings*)

