

Newsletter – the ISIS School of Holistic Health Ltd



Issue 110: March 2026

ISIS (ISET) Divine Mother of All offers words of wisdom to support our soul's evolution



This is ISET (ISIS) the Divine Mother speaking (*channelled by Fotoula Adrimi*)

My words come to you as energy. What you read here is infused with a high vibration intelligent light that supports your awakening process. Divine light always works for the highest good and invites you to step into your higher consciousness.

The earthly consciousness you develop in your life is a by-product of the physical world as it expresses itself in this reality. There are other worlds, other places where

physical life is very different. Each world carries a different vibration, a different frequency. Your body is attuned to the frequency of the earthly world. At the same time, your body carries the unique frequency of your soul.

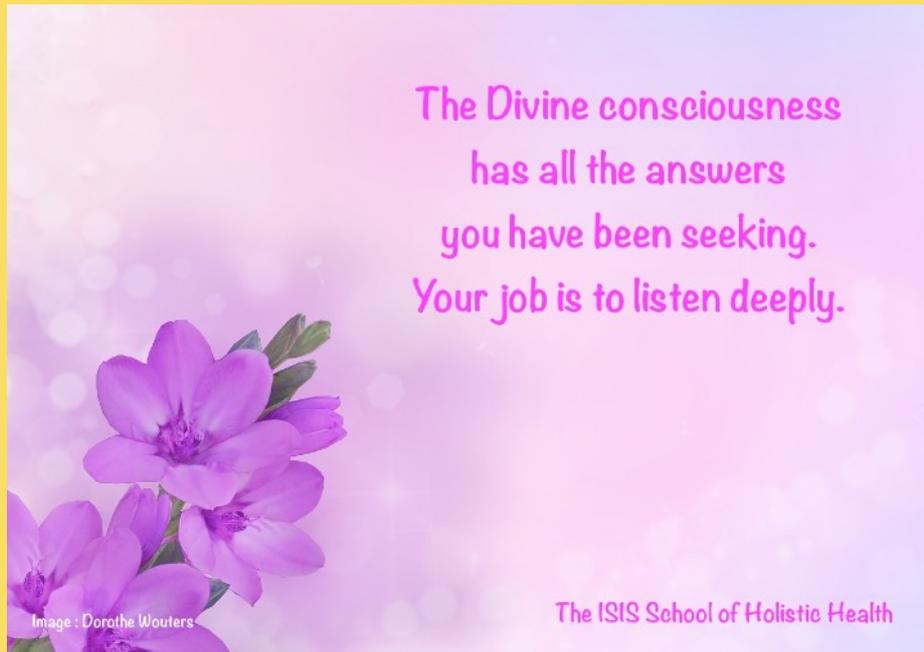
Life interacts with you, and you interact with life. You develop your own way of being on the Earth, based on what the outside world teaches you. However, I invite you now to develop a different way of being on the Earth and listen to what your soul teaches you. There is a part of you, the diamond, the essence, the Source, that is hidden inside of you.



The channellings, practices and ceremonies contained herein are for your personal use.
Please do not teach this material as your own, as this is unethical.

To contact The ISIS School please email: info@isis-school.com

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Unlike the earthly personality, this Divine consciousness just is. It does not interact, nor does it interfere with your personality's choices. The Divine consciousness has all the answers you have been seeking. Your job is to listen deeply.

The Diamond Within

Inside your heart centre, is a diamond more precious than all the jewels and riches of the material world. Like a diamond, it is strong and indestructible. No matter what happens in your life, this essence remains unaltered. However, your ability to access its light diminishes when you walk away from the goodness of your soul.

The biggest reason people walk away from their soul light is fear. Fear takes humanity into the survival mode, a state of separation where the world is divided into friends and enemies. Unfortunately fear becomes a habit that anchors into the cells of the physical body. Your frequency then creates different waves of energy that bring out this state. No matter what happens in your life, even if there is no real reason for you to live in fear, this state of mind can take over your body and alter your vibration.

Peace: the Antidote to Fear

When you find that you have attuned to these vibrations of separation you need to offer yourself the antidote. Consciously and methodically I invite you to generate states of peace. Dedicate five minutes of your day to radiate peace. In the beginning you will meet resistance. You will find it difficult to detach and this is why I am asking you to dedicate a short time of your day.

*Keep radiating peace each day for a few minutes,
to heal yourself, your frequency, and your reality.*

When you change your frequency, the conditioned world resists the change. The fear energy that has accumulated in your tissues has become an intrusion that will not go. It speaks to you, making you doubt yourself, and it tries to draw you back. It endeavours to create circumstances that activate fear within you. However, inside of you lies the power that fear and the conditioning are really afraid of; the power of your Divine soul.

You were not born conditioned. When you arrived in this life as a baby, you radiated the light of your essence. Now Earth is asking the children of humanity to access their light. During these times of transition, you have the rare opportunity to become whole again and reclaim your Divine consciousness which is peace.

The wise beings whom you call ascended masters, invite you now to join with them. They see your journey of many lifetimes. You have been roaming through different existences and now you have arrived at a time when the transition from the conditioned self to the spiritual self is enabled. Life is inviting you to overcome the conditioning and walk past the resistance by developing the qualities of your Divine heart that speaks of compassion, joy, and freedom.

Spiritual teachings that talk about the release from suffering do not wave a magic wand, they open a path to the initiate to self-discover. The truth of your being waits for you to experience it. You cannot learn it, nor can anyone describe it to you. But you can live it.

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**You cannot learn it,
nor can anyone describe it to you.**

But you can live it.



This message has been channelled by Fotoula from her spirit guide, the ancient Egyptian Goddess ISIS. For thousands of years ISIS myrionimos, the Goddess of ten thousand names, has been radiating the light of awareness to the earthly realm, opening a path towards self-realisation and enlightenment. Fotoula has been channelling a vast body of her teachings called the Seven Gates of Awareness, which are a path of spiritual initiation for our times. The ISIS School teaches this path in person in Glasgow, Scotland, and online - see below



Egyptian Mystery School Teachings The Path of ISIS Introductory Course -

***The Spiritual Path of ISET, Part 1
In Person and Online dates for 2026***

Booking essential to secure your place

The **Spiritual Path of ISET, Part 1** is the introductory 3-day course for the Path of ISIS teachings. These teachings are a path to Awakening and Ascension that support us to embody our Divine self. Their aim is to open us to the Light of the World, so that we can become that Light, the Living Light, the Light of our essential nature. The course involves an Initiation process that opens the way for participants to channel the high energy vibrations of the Living Light.

**In Person: Glasgow, Scotland - 10.00-17.00, Friday 13th - Sunday 15th March 2026
(Course full - with waiting list - new dates coming for November 2026)**

Online: 12noon - 18.30 (uk), Friday 17th - Sunday 19th April 2026

Investment for each 3-day Course: £399.00; Deposit: £200.00 (by bank transfer)

For bookings email the School - info@isis-school.com

[Read More](#)

The Paranormal Chronicles Podcast: Sacred Mysteries of Egypt Revealed with G.L.Davies and Fotoula Adrimi



Best-selling author G.L. Davies is joined by Fotoula Adrimi, a spiritual teacher, co-founder of the ISIS School of Holistic Health, and best-selling author of Sacred Mysticism of Egypt: the ancient path of HEKA initiation, in this Podcast from the Paranormal Chronicles.

What secrets did the ancient Egyptians truly understand about consciousness, spirituality, and humanity's divine origins?

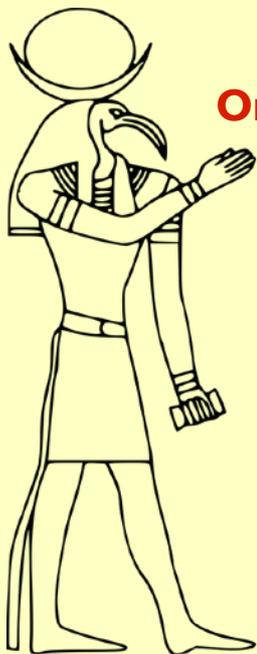
In this deeply thought-provoking conversation Gavin and Fotoula explore the real purpose behind Egypt's temples and pyramids, the spiritual technologies believed to exist within ancient sacred sites, and why the wisdom of Egypt may be more relevant today than ever before. The episode examines themes of past lives, mystical beings, and humanity's forgotten spiritual heritage – offering listeners a fresh perspective on ancient history and modern awakening. The podcast is a must for lovers of ancient mysteries!

This is a powerful episode of The Paranormal Chronicles Podcast, titled Sacred Mysteries of Egypt REVEALED, that invites listeners on an extraordinary journey into one of history's greatest enigmas – guided by bestselling author and spiritual teacher Fotoula Adrimi.



ISET Initiates Community Page

(The information on this page is for ISET Initiates who have taken initiation into the Path of ISIS / Path of the Living Light through attending the Spiritual Path of ISET, Part 1: 3-day Course)



Online ISET Initiates Circle - Tuesday 24th March

Theme : Letting go of and overcoming SET individually and collectively.

Our practice will take place inside the central island of the Osirion, at the back of the Abydos Temple. At the end Djehuti (Thoth) will offer us a teaching in the etheric library of the Osirion, known as the Halls of Records.

Circle Date: 19.00-20.30 (uk), **Tuesday 24th March**

Investment: £15.00 for each Circle (or join the monthly plan - see [website](#))

The Path of ISIS: Pyramid Text Ceremony 18.00-21.00, Friday 20th March - In Person and Online

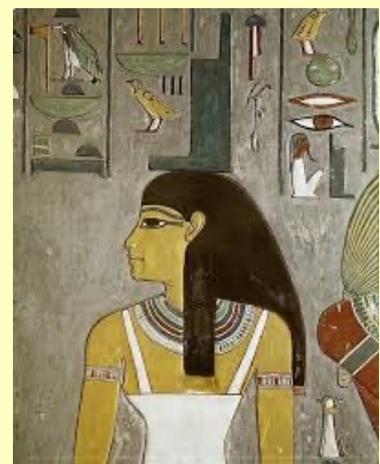
Theme for the Spring Equinox Ceremony - **The Resurrection of AUSIR**

In the Ceremony, ISET and NEBT-HET retrieve the pieces of their soul brother AUSIR and put him together again, inaugurating a new Golden Age. The tree of life, which had been burned and become crooked, was nearly dead. In the Ceremony the tree is now resurrected by ISET and NEBT-HET, and stands tall and strong once more. Our own tree, our spine, is raised too with the energy flowing into all our energy channels and etheric bodies. The resurrection of AUSIR is a healing practice for all.

Time and Date: 18.00-21.00, Friday 20th March

Venue: Fotoula's Flat and through zoom. *(In person number limited to six Initiates please book your space as soon as possible - there are three spaces remaining).*

There is no cost for the Ceremony



Becoming a Shamanic Practitioner

- by Fotoula Adrimi

It is said that a shaman is born and not made.

The spirits call and the drum invites. And yet I remember a time long ago, when there were neither practitioners nor shamans because **all** human beings could hear the song of the Earth and knew they were part of the web of life.

I came from a lineage where the magical ways of the ancestors were only transmitted within the family, in secret, to the first born male child. Once the transmission of this ancient knowledge was completed, after a long apprenticeship that began in childhood, the older shaman had to stop practicing. Only one person at a time could carry the lineage and if he did not pass it on or refused to practice, the knowledge was lost.

Traditionally shamanism runs in my blood and it makes my heart sing. At the same time, my helping spirits have supported me to see that, while the ancestors practiced in a certain way and were supported by their land, we are now living in a different reality that invites us to come together, in sisterhood and brotherhood, and share the medicine.

Fotoula Adrimi - Shamanic Teacher

When I graduated as a shamanic teacher in 2013, my spirit guides showed me a vision of local communities coming together to practice the teachings. They created a space where people shared their gifts. Out of the one circle, many circles grew. I still hold that vision and I have been sharing the shamanic ways to all those whose heart is moved by spirit and who wish to serve the light for the highest good. Who wish to become a pure vessel, a hollow, bone through which the spirits play wondrous music.

Over the years I have tried to find good ways to impart the knowledge that my ancestral spirits have shared, alongside what I have learned from the years of study with western and indigenous teachers. Having completed the teacher training with Sandra Ingerman and taught for a while, the spirits showed me the need for dedicated practitioners who were well-versed in the different aspects of shamanic healing. Practitioners who could perform power retrieval, soul retrieval, extraction, depossession, and all aspects of core shamanism practice, as well as work with transfiguration and Medicine for the Earth. The latter is one of the most beautiful aspects of shamanic practice and it's efficacy has been verified by scientific experiments and a medical study.



The Art of Shamanic Ceremony

with Fotoula Adrimi

Our strength grows
when we all work together





The Shamanic Practitioner Course

This training is an initiatory path where you: meet yourself, evolve spiritually and personally, and heal the disconnection from your spiritual essence. A number of indigenous shamans I have worked with claim that it is the disconnection from our spirit that is the root cause of all dis-ease and disharmony individually and collectively. A shamanic path is not only a course that teaches you how to work with spirit guides, it also helps you evolve as a spirited human being.

The Shamanic Practitioner Course is a two year ceremony, an initiation assisted by the enlightened beings of the path; ancient spirits who reach out to us and help us step into our power and light. These highly evolved beings and wise ancestors are the true teachers of this path and my job is to impart their ancient wisdom and methods that will help you bring your light and authentic power forward. From there on the spirits will help you develop your own art, as no two practitioners work exactly in the same way.

Having worked in shamanism professionally for 20 years I take you through the different stages of initiation, teaching you what I have learned, and helping you develop your own way. I teach all the stages of shamanic practice starting with a comprehensive two-day introduction to shamanism and power retrieval course, the shamanic practitioner course, and an advanced shamanic practitioner training which is based on traditional shamanism and coming soon, teacher training.

I also teach non-practitioner courses such as: The Healing Art of Shamanic Drumming and the Earth's Shamanic Apprentice. Additionally I have been running a weekly Shamanic Circle: The Way of the Drum, since 2009.

Who is the Shamanic Practitioner Course For?

The Shamanic Practitioner Course is for everyone who has felt the calling of the ancient path and has an open heart, and who is grounded in the Earth, and reaches to the sky. This is a path of direct revelation and spirit guidance through nature, the Earth, and the seen and unseen realms. It is a path that calls us back to ourselves where we belong. This is why after a shamanic healing we say, "Welcome home."

Online Ceremony: Pachamama - Love prayers to Mother Earth: **SONG LINES TO OUR FUTURE:** Restoring Our Sacred Relationship with the Soul of Mother Earth - Pachamama is a Despacho ceremony, lovingly created and offered by Medicine Woman Nelida Vilca Huaman from Chinchero, Peru. The ceremony is hosted by Shamans Directory. During this gathering, Fotoula Adrimi, and other Shamans Directory Teachers, offer short messages of love and gratitude to honour our sacred relationship with Pachamama.





Shamanic
Practitioner
Course UK

Join the new
In Person
Course in
2027

In Person Shamanic Practitioner Course

Join us in February 2027 - book your space

A shamanic practitioner is a bridge between the world of spirit and the alternative realities, and our own physical world. The practitioner crosses the bridge entering parallel universes to bring healing, life-force, guidance and deep awareness to themselves, their clients and their community.

The ISIS School offers an in-depth **In Person Shamanic Practitioner Training** designed to take participants through the initiations of the shamanic path and teach the healing work of a shamanic practitioner. Participants will work with spirit guides and teachers of the light, to become the bridge between the worlds and bring the spiritual light into the physical reality.

How is the Shamanic Practitioner Course designed?

This is a powerful shamanic practitioner course that involves learning and practicing ancient ways. The course is designed to take participants through the initiations of the shamanic path and teach the healing work of a shamanic practitioner.

What will the Shamanic Practitioner Training cover?

The training covers ceremony, Power Retrieval and Introduction, Healing with Spiritual Light, Medicine for the Earth, Shamanic Journeying and Divination, Soul Retrieval, Extraction, Psychopomping, Death and Dying, and finishes with a Graduation Ceremony. It is a comprehensive course offering a strong foundation for shamanic practice.

How long is the Shamanic Practitioner Course?

The whole shamanic practitioner course is taught as a **two year ceremony**. It is much more than sharing information and techniques. We will be riding a shamanic wave on a journey home to ourselves. We hope that the ceremony will carry everyone to a new depth and inner understanding of themselves, within and outside the times we meet.

About the Shamanic Practitioner Course

To graduate as a shamanic practitioner participants need to complete all modules and casework, and attend the graduation ceremony. This is a commitment each participant makes with the wise spirits / guardians of these ancient teachings. The shamanic practitioner course teaches the methods but it is up to participants and their wise spirit teachers to develop the art. No-one can make us a practitioner. It is an inner calling and a gift from spirit to the person.

Once you sign up, changes may take place to align you with your path and soul's calling.

Places on the course are limited.

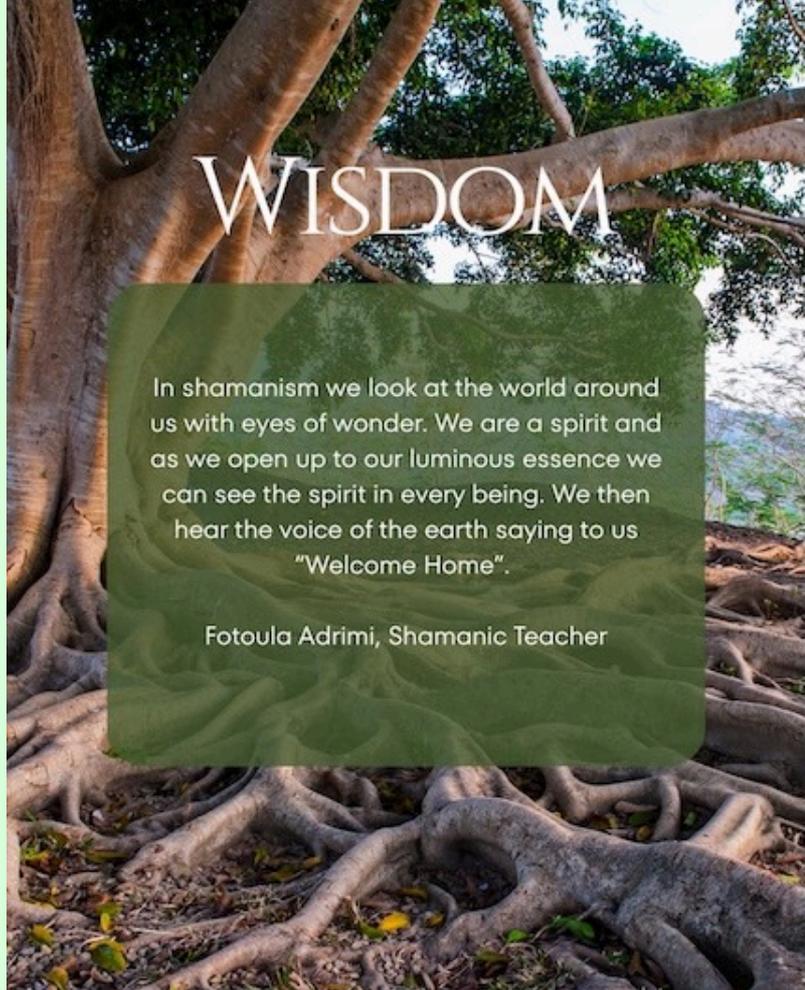
Bookings are essential. We teach in small groups to allow space for each person on the training to speak and be heard. *(Note: Should there be any restrictions to meeting in-person (eg lockdowns) the course will continue online for the affected meetings.)*

If you are interested in the Shamanic Practitioner Course then email Fotoula: info@isis-school.com

In addition, there may be spaces available for anyone who has already completed the Shamanic Practitioner Course with The ISIS School of Holistic Health Ltd, and wishes to repeat the course. Please contact us.

Shamanic Teacher - Fotoula Adrimi

Fotoula Adrimi is a highly experienced shamanic teacher who radiates the light of compassion to her students. She has been holding weekly shamanic circles and workshops since 2009 and teaching shamanic practitioners since 2012.



In shamanism we look at the world around us with eyes of wonder. We are a spirit and as we open up to our luminous essence we can see the spirit in every being. We then hear the voice of the earth saying to us "Welcome Home".

Fotoula Adrimi, Shamanic Teacher

Shamanic Practitioner
Training - Read More

Introduction to Shamanism & Shamanic Journeying

with Fotoula Adrimi

Join us
Live Online for
a comprehensive
two day
Introduction to
Shamanism
Course facilitated
by Shamanic
Teacher Fotoula
Adrimi



Live Online - 25th-26th April

Our Earth Our Home
The ISIS School of Holistic Health



Introduction to Shamanism - Course Overview

This is a unique workshop and teaching that will help you access your inner mystic, visionary and oracle, and discover the non-ordinary reality. You will have the opportunity to connect with your power animals and spirit guides. Through the ancient art of shamanic journey we grow our power and access our essence of love. We meet our spirit teachers and receive valuable insights on issues we may face and evaluate our personal life. We realise that we are not alone but part of a multi-dimensional universe that supports our growth. In our experience of over 17 years, shamanism has helped many overcome fear, sadness and gain confidence. People who attend this two-day Introduction to Shamanism course may feel that they are finally coming home.

The Course Covers

- foundation teachings on how to journey shamanically and access the different etheric planes in the lower, middle and upper worlds; how to open sacred space and work safely with your spirit guides and power animals;
- how to build a shamanic altar;
- what is classic shamanism and shamanic healing
- how to retrieve your inner power and carry out power retrieval for others.
- power songs and healing chants, working with the drum/rattle.
- how to work with the Medicine Wheel for deep alignment and direction.

Fotoula Adrimi



Fotoula is a highly experienced shamanic teacher and practitioner. She has been holding weekly shamanic circles and workshops since 2009 and teaching shamanic practitioners since 2012. Fotoula teaches ancient methods of classic and cross cultural shamanism that have been practiced on the Earth for thousands of years.

The Course requires advance booking with deposit to secure your place

Investment: £250.00

Deposit: £125.00, to secure your place
(non refundable and non transferable)

Live Online Course Dates and Time:

14.00-19.00 (uk) (both days),
Saturday 25th - Sunday 26th April

To book contact Fotoula And Fi -
info@isis-school.com

More Info



Shamanic Dance of the Sacred Spirits In Person - Glasgow, Monday 23rd March

We meet near the Spring Equinox - 18.00-21.00, Monday 23rd March

The Enlightened Shamanic Spirits have asked us to hold the Shamanic Dance of the Sacred Spirits **every three months** at the time of the equinoxes and solstices. They say, "the Ceremony is a healing dance for the Earth, everyone taking part, and all beings. It is a dance to bring change to your world and increase the vibration of the Earth, healing disharmony and suffering. This is a circle of service, for those with a pure intention to work for the highest good."

The Sacred Dance

In the dance we will merge with helping compassionate spirits to bring healing to ourselves and the world reality. We will journey to the spirits of the dance and then invite them to come through our body as we move to the sound of the drum, chanting, and tribal music. We will release heavy energy and bring in higher vibrational Light. At the end we will do a transfiguration practice to release the spirits. Fotoula has also found that just before the ritual ends, beings who have died but have not gone to the light can come to the altar for release. If this happens she will guide a psychopomping.

If you wish to come and cannot dance or dance for the whole time, do not worry. You can sit and participate with your intention, play your drum or rattle, and still be part of the ceremony. The dance part only lasts 30-45 minutes. There will also be time for a sharing space afterwards where we can speak the wisdom that comes through our wise heart.



Details about the Sacred Dance Ceremony

Time: 18:00-21:00 *(Please note we start at 18:00 not 19:00)*

Date: Monday 23rd March, Spring Equinox

Venue: Library, Glasgow Theosophical Society,
17 Queen's Crescent, Glasgow

Investment: £33/£28 concession (payment by bank transfer to The Isis School)

(Bookings essential to secure your place - email: info@isis-school.com)

[Shamanic Dance - More Info](#)

Priestess of the Moon™ Training

Registration is now open for the new Priestess of the Moon Circle beginning February 2027

Priestess of the Moon Training

Answering the call of the Moon

A new Circle begins in Feb 2027

A two-year Training that supports women to embody their sacred power

For thousands of years ceremonies took place in sacred sites overseen by Priestesses and Priests of the Living Light. This lineage, that was also found in Scotland, is being reintroduced through The ISIS School of Holistic Health Ltd. The ceremonies and teachings take women into a magical journey of self-empowerment and deep realisation of their inherent gifts.

The Celtic Goddesses and spirits of the land welcome back the women who open their heart to their deep connection, ancestral wisdom and magic.

The Priestess Training Programme

The Priestess of the Moon™ Training is based on the Celtic Pagan tradition but at the same time, adopts a cross-cultural approach. During the course we explore ancient traditions of the Goddess and female priesthood from different cultures around the Earth, such as ancient Greek, ancient Egyptian, Shamanic, Native American and Himalayan.



Participants can find their own representation of the Goddess in whatever way is suitable for them and their beliefs.

The Priestess Training begins with an Initiation in a Stone Circle of the Sun and Moon, an ancestral place of power, where we make the commitment to walk the Path of the Priestess and support each other as women co-creating a Circle of Sisterhood. We bring our gifts into the world and share them with All.

The Course will teach you how to hold Ceremony for yourself, the circles of people who will come to you, and the people who wish to go through Rites of Passage. During the two years we share the Priestess of the Moon Ceremonies:

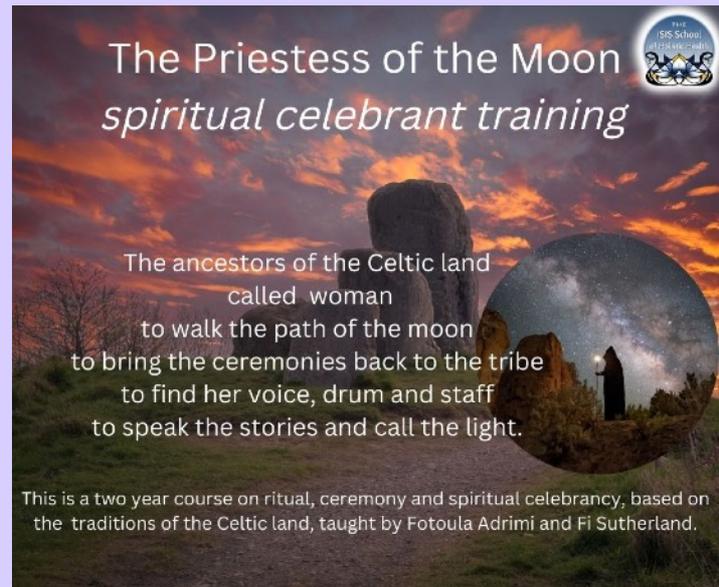
- the Sun Festivals - the equinoxes and solstices, and the Fire Festivals - Imbolc, Beltana, Lammass, Samhain;
- the different phases of the Moon - the dark moon, new moon, waxing moon, full moon, waning moon;
- Ancestral healing ceremonies;
- Womb Rites - womb healing and activation;
- Naming ceremony - for babies and adults;
- Funeral service;
- Sacred Marriage to the higher self;
- Hand Fasting Ritual;
- Working with the Fae and spirits of the land;
- And many other ceremonies and teachings.

How to join the Priestess of the Moon™ Training

If you are interested in joining the Priestess of the Moon Training contact Fotoula and Fi for the Registration Forms - email: info@isis-school.com

This is a Circle of women who are committed to working together for two years. It is a huge commitment. It means that you have to attend the two Residential Retreats and the seven Weekend Trainings which are all in-person. And attend the twelve Live Online Circles - six in 2027 and six in 2028. For people who have not worked with us before, when we receive your Registration Forms we will arrange a zoom chat so that we can meet each other, speak more about the Training, and answer any questions you may have.

There is more information on the Course on the website as well as all the practical information



[More about this powerful Training](#)

Testimonials from women who completed the Priestess of the Moon™ Training with us



Connie

"These beautiful teachings will change you and your life in ways that is hard to put into words. They are exquisite as are the teachers Fotoula and Fi. I had never taken part in training like this before and never sat in Circle. To say I was slightly apprehensive would be an understatement. That all vanished from the very first weekend of coming together with the most amazing woman who are now my sisters and friends. Fotoula and Fi create the most beautiful, safe, and sacred space filled with love, respect, deep wisdom, and absolute integrity in all they do. You are held in this divine energy at all times. The journey can be a rollercoaster as you start to peel away the layers which are not you and never were. You just did not know. The reconnection to who you really are and your true essence begins. The person at the start, to the person you become, is a complete transformation. Your light shines brighter and brighter. You will never look back. I cannot recommend the Priestess of the Moon enough. Fotoula and Fi are the most gifted and amazing teachers."

Morven Carmichael

I can honestly not recommend this Training enough. I graduated in October 2024 and it has been the best experience working both on myself and for the land. I adore these teachings and have made the most wonderful relationships with my sisters. Fotoula Adrimi Author and Fi Sutherland are the most wonderful and genuine teachers. It has absolutely changed me as a person. It's no easy ride though so be prepared to do the work!

Laura Gurney

"A few years ago, you would not have found me anywhere near a 'women's circle,' let alone doing 'Priestess' training! The sound of it made my toes curl and I thought it would be cringey and self-indulgent. Plus I had trained with both Buddhist & Taoist Masters- what more could I want? I had absolutely no clue how nurturing the energy of the Sacred Feminine could be; nor how much softer and powerful a training it would be. Now I can't believe that women anywhere might not have access to such an empowering and supportive community. The Priestess of the Moon Celebrant Course has been beautiful beyond words; deep and profoundly therapeutic. I look forward to bringing some of these ceremonies to Yorkshire once I am practiced enough. And both Fotoula & Fi are highly recommended teachers with great wisdom, integrity and love!"



Circles & Energy Transmissions - March

Shamanic Circle - The Way of the Drum

Fotoula has been facilitating the **Shamanic Circle - The Way of the Drum** since 2009. She is an experienced shamanic teacher and practitioner who has helped many people find their calling through shamanism and alternative spirituality. Investment for each Circle is £18 / £15 conc.



Circle Dates: In Person - 2nd March and 16th March

Live Online: 9th March

[More information about the Shamanic Circle](#)

Fi's Live Online Meditation and Chanting Circle - Thurs 19.00-20.30 (uk)



The Circle is open to beginners and experienced practitioners. We harness the power of mantra - sacred sound - to help us awaken enlightened qualities within us and transform the conditioning that limits us from experiencing our Divine Self.

Circle dates: 5th, 12th and 26th March

Cost for the Circle - £10.00. Payment by bank transfer or via PayPal using - fi@isis-school.com. [More information](#)

ISIS Energy Transmissions of the Living Light - March

The ISIS School offers everyone the opportunity to connect distantly with the ISIS Energy Transmissions and experience the high vibration and healing qualities of the Living Light.

Transmission dates (19.00-20.00 uk): **4th, 11th, 18th, 25th March**

Please email the School: info@isis-school.com if you wish to connect with any or all of these Transmissions. For information on how to connect with the ISIS Energy Transmissions [click here](#)

Rays of Divine Consciousness Transmission - March

Each month the ISIS School offers a Transmission of the Rays of Divine Consciousness that is open to everyone, worldwide.

The Rays Transmission is: **19.00-20.00 (uk) Tuesday 10th March**. Please check your time zone if connecting from overseas. There is no need to let us know you are connecting with the Rays Transmission.





The ISIS School Calendar of Events

(Click the blue text to find out more information about an event)

February 2026

26th: 19.00-20.30 [Online Meditation](#) and Chanting Circle - Open to all

28th: 14.00-18.30 [The Healing Art of Shamanic Drumming](#), Part 1, Introduction - Open to all

March 2026

1st: 10.00-16.30 [The Healing Art of Shamanic Drumming](#), Part 4 - for participants who have already attended Parts 1-3.

2nd: 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

3rd: [Priestess of the Moon Live Online Circle](#) - for participants in the Current Priestess Circle

4th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

5th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

6th-8th: 10.00-17.00 Path of ISIS Gate 2 Course, next Course for Initiates who have attended The Healing Path of ISET, Part 2

9th: 19.00-21.00 [Shamanic Circle](#) - **Live Online** - Open to all

10th: 19.00-20.00 [Rays of Divine Consciousness Transmission](#) - Open to all

11th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

12th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

13th-15th: 10.00-17.00, Path of ISIS, [Spiritual Path of ISET, Part 1](#) - **In Person**. *(The Introductory Course for the Path of ISIS Teachings)*

16th: 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

18th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

19th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

20th: In Person and Live Online Path of ISIS [Pyramid Text Ceremony](#) - Open to all Initiates

21st-22nd: [Shamanic Practitioner Course](#) - Third Gathering

23rd: 18.00-21.00 [Shamanic Dance of the Sacred Spirits](#) - Shamanic Ceremony Open to All

24th: 19.00-20.30 [ISET Initiate Circle](#): for Initiates of the Path of ISIS

25th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

26th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

The ISIS School Calendar of Events continued

March (cont.)

28th: In Person [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

29th: Online [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

April 2026

1st: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

2nd: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

4th: 14.00-18.30 [The Healing Art of Shamanic Drumming](#), Part 2 - for those who attended Part 1

6th: 19.00-21.00 [Shamanic Circle](#) - **Live Online** - Open to all

7th: [Priestess of the Moon Live Online Circle](#) - for participants in the Current Priestess Circle

8th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

9th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

11th: In Person [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

12th: Online [Advanced Shamanic Practitioner](#) - Ancestral shamanic healing practitioner

14th: 19.00-20.00 [Rays of Divine Consciousness Transmission](#) - Open to all

15th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

16th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

17th-19th: 12noon-18.30(uk), Path of ISIS, [Spiritual Path of ISET, Part 1](#) - **Live Online.** (*The Introductory Course for the Path of ISIS Teachings*)

20th: 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

22nd: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

23rd: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

25th-26th: 14.00-19.00 2-day In-depth [Introduction to Shamanism Course](#) - **Live Online**

27th: 19.00-21.00 [Shamanic Circle](#) - **In Person** - Open to all

28th: 19.00-20.30 [ISET Initiate Circle](#): for Initiates of the Path of ISIS

29th: 19.00-20.00 [ISIS Energy Transmission](#) of the Living Light - Distant Transmission open to all

30th: 19.00-20.30 [Live Online Meditation and Chanting Circle](#) - Open to all

May 2026

19th-24th: the [Rays of Divine Consciousness Shamanic Retreat](#) - an intensive residential retreat that combines Shamanic and Spiritual Practices with Initiation and Ceremonies in Sacred Sites

June 2026

18th-21st: [Shamanic Residential Retreat with Nepalese Shaman](#), Bhola Banstola - **Theme:** Goddess Lakshmi - the Divine Goddess of wealth and prosperity