

The ISIS School of Holistic Health Newsletter

Issue 25: July 2018



**ISIS, the Mother
of All Beings,
offers these
words of wisdom**



This is ISIS speaking as the Mother of Unconditional Love

(channelled by Fotoula Adrimi)

You may feel a great deal of upheaval in your world right now. The Beings of Light are supporting many light workers on their individual journey of personal expansion. This is important. Your own personal journey of illumination is the primary reason for taking incarnation into human life. You are here primarily for yourselves.

At the same time, your illumination and increased awareness of higher states of consciousness, affects the whole of the Earth and beyond. As you work with the etheric light in your own way, you contribute to the Earth's evolutionary process. This is invaluable.

So many light workers are called to walk the ancient Path of Illumination to become the Living Light. This is why I have re-introduced into your world the Seven Gates of Awareness Teachings, that were lost through time.

I invite you to go deeper into your spiritual practice and make it a priority, a central point in your life. As the energy continues to heighten and the etheric waves of higher consciousness are transmitted onto the Earth, your practice is what will help



To contact The ISIS School or join the mailing list and receive the monthly newsletter,
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you ride the wave towards spiritual expansion. No matter what happens in your life, this is the one thing that will keep you afloat in this time of transition.

Remember that the spiritual Path of Illumination is a path of service. As you work authentically with the Light, you serve: yourself and your soul evolution; the Earth and a planetary alignment to a new state of consciousness; your soul group; and, all other souls resonating with the same frequency as you. This is the opportunity you have at this time of transition: to be a true servant of the Light for the highest good of All.

Spiritual Practice to connect with the Light Codes of Power

The Star Beings of Light speak -

We the Star Beings of Light are currently transmitting to your planet etheric energies of high light frequency to help you remember. As you are touched by these frequencies, you have the opportunity to work with them in your life. This is a two-sided gift that requires your contribution.

We offer the light frequencies to all, making them available to all beings, but it is up to you to receive them.

You have free will to work with them.

All you have to do in this initial stage, is open up to receive them.



The Practice - Receiving the Light Codes

In your sacred space, invite the Light Beings of the Sirius Star to be with you. Ask for a transmission of the Light Codes of Power to take place. It is not complicated. These etheric codes are already in your field. All you need is an open heart and a pure intention. You will receive an activation to the degree you are able.



The Power of the Group

This transmission is greatly enhanced by group power. This is why we recommend that you do this in Circle. We invite you to attend The ISIS School's meditation group on Saturday 14th July, which will be dedicated to the activation of the Light Codes. We will be there facilitating this work. This Circle is of great value to us as it holds a very pure and clear intention that enables the sacred space to be created for the activation.

We also wish to say this to raise your awareness: There are some who claim to work in our name and unfortunately it is not true. Use your discernment in choosing where you work and with whom, as not everyone in your World who claims to work from the heart, does so. You can ask yourself if the channel, you wish to go to, works wholly and fully for the Light three times and see what answer you receive.

The Light Codes

The Light Codes of Power we offer you are already in your energy field, but they lie dormant in most people. The etheric energies flow to the planet to awaken what you already have inside. Further, some people are catalysts for this to happen and enhance the process. Fotoula is one of these catalysts. It is our wish to bring more people together and offer them the keys of power that will further unlock the human potential. This is already happening for some of you.

The Path of Illumination is opening for those who wish to walk it. It is your collective wish of returning to your inherent nature of Oneness that has created this time, and is opening these doors for you. May your steps guide you to your own Light consciousness.

Next Activation - Saturday 14th July

Date: 10.00-13.00, Saturday 14th July

Venue: Library, Glasgow Theosophical Society, 17 Queen's Crescent, Glasgow G4 9BL

Cost: £20, deposit £10.00

To book your place please email The School on info@isis-school.com. Deposits can be paid through bank transfer or by cheque.

The ISIS School - News

The Online Course takes Flight into Higher Levels of Consciousness



Since the launch of the Online Course last month the etheric grid of power that supports this work has been growing in strength and light. Fotoula and Fi have felt the incredible cosmic energies flowing to them and the participants, enhancing the soul's evolutionary journey.

We continue to meet once a month in the etheric planes to receive an activation from the Beings of Light. At this time all participants, past, present and future, come together in one Circle to enable deeper work.



The next monthly meeting of the Circle is Tuesday 03 July.

Details of the Online Course:

Cost: £147 per person

Place: Worldwide

Booking: email info@isis-school.com to book your place and include your name, surname and email address.

Payment: by Bank Transfer (email info@isis-school.com for bank details), by cheque (UK) or or through Paypal, using info@isis-school.com

The Seven Gates of Awareness Teachings

The Spiritual Path of ISET, Part 1

This is an incredible teaching that takes participants onto the path of the ancient Initiate, and gives them the tools to enhance their vibration, strengthen their energy body and awaken through the heart. This work is sacred and deep, guiding people back into the Divine Self.

The First Gate starts with the **Spiritual Path of ISET, Part 1**.

On the 3-day Course participants are guided on a journey to integrate the sun and moon energies, open their etheric wings and merge with the Divine Self.

The next Course: **Dates:** 27-29 July 2018, 10:00-17:00

Cost: £285, repeaters £140. Dep 50%.

Venue: Glasgow

For more information or to book, email: fotoula@isis-school.com



Courses, Circles, Retreats and Transmissions

ISIS Refresher Day and Courses - July-Aug 2018

- 21 July** **ISIS Refresher Day** – an opportunity for ISET practitioners to practice together
- 27-29 July** **Gate 1: Spiritual Path 1** – for those wishing to begin working with the ISIS teachings
- 11-12 Aug** **Gate 1: Spiritual Path 2** – for anyone who has completed Spiritual Path 1

To book for any of the courses and the Refresher Day email Fotoula: fotoula@isis-school.com

Glasgow Shamanic Circle and Shamanic Workshop - July 2018

The **Glasgow Shamanic Circle** – the **Way of the Drum** will meet three in **July - 9th, 16th and 23rd** at the Glasgow Theosophical Society, 17 Queens Crescent.

- 30 June-01 July** **The Path of the Jackal: Death and Dying Workshop - Part 2:** (for experienced shamanic practitioners who have completed Shamanic Extraction training). In Part 2 the focus is on depossession, learning how to safely help stranded souls.

For more information or to book a place on any of the courses email Fotoula: fotoula@isis-school.com

Meditation Groups - July 2018

- 14 July** The **Monthly Meditation Group – Activation of Light Codes of Power**, meets in the Library of the Glasgow Theosophical Society, 10:00-13:00.

Fi continues to facilitate a heart-full **Meditation and Chanting Circle** on Thursday evenings from 7.00-8.30pm. The Circle meets twice in **July - 12th and 19th**. For more info and to book for any of the meditation groups, email Fi: fi@isis-school.com

The ISIS Residential Retreat - 2018 - (Open to all ISIS Practitioners)

- 02-04 Nov** **The ISIS Spiritual Retreat** – Kilmartin Glen. The Retreat is a beautiful way for ISIS Practitioners to immerse themselves in the wisdom teachings.

Advance booking is advised as spaces are limited, email Fotoula: fotoula@isis-school.com

Shamanic Residential Retreat - The Four Shields - March Equinox 2019

- 22-24 Mar 2019** **The Four Shields - Walking the Medicine Wheel** – Kilmartin Glen. We gather to step over the threshold and invoke the rite of the Medicine Wheel, through the Four Shields. Each shield has something to teach us, lessons about ourselves, lessons about life.

Advance booking is advised as spaces are limited, email Fotoula: fotoula@isis-school.com

Egypt Pilgrimage - September Equinox 2019

- 18 Sept-01 Oct 2019** **Pilgrimage to Egypt** – As guided by ISIS, The ISIS School will lead a pilgrimage to Egypt from 18th Sept-01 Oct 2019. The initial itinerary includes: Luxor, Karnak, Aswan, Phillae, Dendara, Abydos, pyramids (*Prerequisite – Spiritual Path of ISIS, Part 1*)

Energy Transmissions (open to everyone, world-wide) - July 2018

The **ISIS Energy Transmissions** continue on Wednesdays evenings from 19:00-20:00 (UK time). In July Transmissions take place on the 11th, 18th and 25th. Please email info@isis-school.com if you wish to connect with any or all of these Transmissions.

The **Rays of Divine Consciousness Transmissions** take place once a month. The next Rays Transmission is on Sunday, 15th July from 14:00-15:00 (UK time). Please note there is no need to let us know if you are connecting with the Rays Transmission.