THE ISIS SCHOOL OF HOLISTIC HEALTH LTD
NEWSLETTER
WALK THE SOUL PATH OF WISDOM AND LIGHT

Issue 117: November 2026

ISIS (ISET) Divine Mother of All offers words of wisdom to support our soul's evolution

This is ISET (ISIS) the Divine Mother speaking *(channelled by Fotoula Adrimi)*

The world is changing at a rapid rate as it has been foretold. In order to navigate these times, I invite you to access the part of you that is your True Self, that is unchangeable, that is eternal power, peace and light. This is the real you, your spirit.

In your world some people may use the words 'true self,' 'authentic self,' 'the real me,' to express their shadow and conditioned self. In doing so they can stay locked into the conditioned reality, defending a wounding that is expressed outwards and projected into the world. This is not the true self. It is an expression of a deep imbalance that the person does not wish to address.



The path of truth is a path of transformation, that takes you beyond the conditioned reality.

All the practices and ceremonies of the Mystery School have a single purpose: to help you unveil and discover your spirit; who you truly are beyond the human personality. Through these practices you are invited to become aware of the deep love of your essential nature.

The channellings, practices and ceremonies contained herein are for your personal use.
Please do not teach this material as your own, as this is unethical.

To contact The ISIS School please email: info@isis-school.com

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Spiritual Principles that help your Awakening

The conditioning is trying to divide you by pointing at others' behaviour. As a result, humanity splits, for there is always someone else to blame. But this someone else is not separate from you. The someone else is a part of you. The **Principle of Oneness** means that you and others are all part of the same body of creation.

At the same time, I invite you to adopt another **Principle** that states that you cannot change others, but you can change yourself. As you heal deeply, and gradually transform into your spirit, you make a bigger impact in the world around you. This is the time to focus on yourself and support the world reality through your spiritual work.

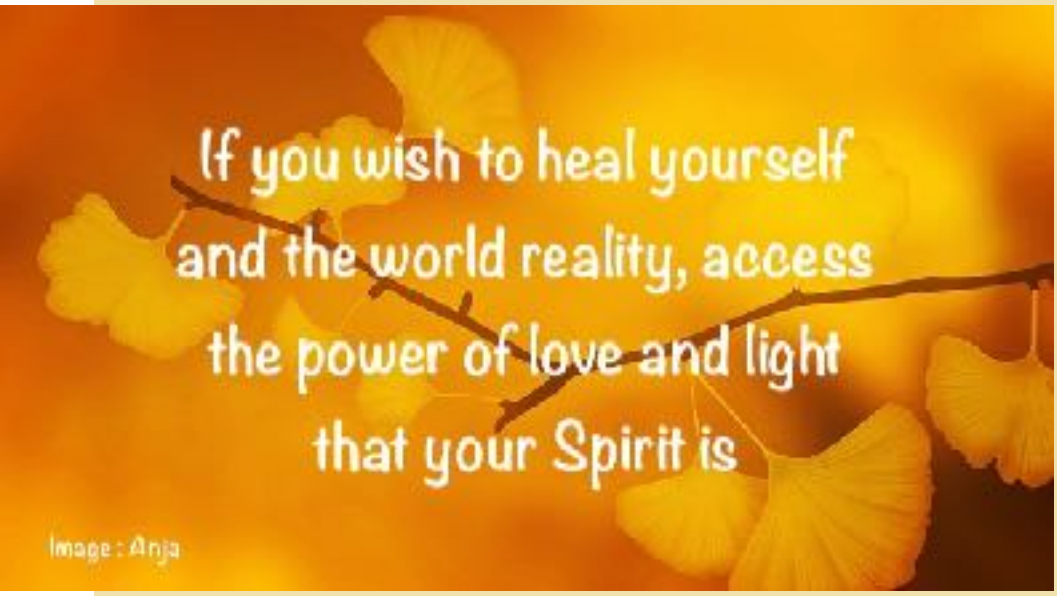
This approach is usually tested by the conditioning which says that you need to stand up for what its right, otherwise nothing will change and things will get worse. This spiritual principle is not the same as apathy. Holding a higher intention for the world during these times is incredibly important. The highest power that you have available to you is Divine Love, and these are the times to embody Divine Love.

We are not saying to you to stay secluded up a mountain and pretend that injustice is not happening. You can still take actions in the physical world, but be aware of the energy that you emit when you do. Is it an energy of separation, fear, anger? Is it an energy of Oneness?

The Body as a Metaphor

Think of the world as your body. If a part of your body is aching, or there is a part you don't like, do you condemn this part? Do you reject it and send anger towards it? There is a better way to work with your body that brings in acceptance and love.

In the world today there are many parts that ache. Many body parts are troubled, distorted, and cause you problems. These parts are not outside of you, they are not separate from you. They have a different experience of life that has shaped their conditioning, which they may be expressing in an unhealthy way. The energy you wish to offer these parts of you is light and love. And, by doing so, you have the opportunity to transform yourself into the spirit being that you are, for your spirit is light and love, no matter what your human personality does, thinks, or expresses.



In your world see everything through the lenses of light and love. There is the absence of love and the complete presence of Divine love. Most people have experiences of these states in their life. They live through situations devoid of love and they also have the chance to experience wondrous, beautiful love. In different circumstances in your life, you will be somewhere between these two states.

There are however, people who deliberately wish to express the absence of love. And they try to remove or harm any expression of Divine love. They are so far from their essential nature that there is a complete lack of compassion. These people express the deep-seated fears of the conditioned reality that feels safe in the material plane by controlling others. They are ruled by the duality of the planet and deliberately create disharmony so that they can be in control.

These are the people and beings
who need your love most.

Instead of condemning them, be aware that the heavy energy of judgement, fear, and anger you express towards them, feeds the disharmony. They are expressing the disharmony that is in the conditioned world, and they are unaware of this. Applying the principle of Oneness, send healing to the conditioned reality that is possessing them.

If you wish to heal yourself and the world reality, access the power of love and light that your Spirit is. There is no other way. Conflict and war have been on this planet for thousands of years, creating continuous cycles of suffering for the human race and the Earth. In order to overcome this longstanding pattern, choose a different path: offer the medicine of love to all beings, equally, no matter what they do. It is the only thing that has not yet been tried in your world.

There are so many of you awakening into your light and, at the same time, the conditioning is trying to hook you into separation. This is part of your journey and you always have a choice about what energies you feed, even if the choice is unconscious.

At the end of each day ask yourself,
"When did I feed Oneness, and when did I feed separation?"

The more you make your choices conscious, the more you evolve and grow, and the more able you are to see the world through different eyes. Your vibration becomes clearer as the conditioning gradually falls away from you. Then slowly, slowly, you become your True Self, the Love that you are, the infinite spirit in a body.

Mother Earth as your Ally

In this work stay grounded. The Earth can teach you about love because the Earth is the Great Mother who supports all her children. Spend time in nature and find the quiet places where the conditioned world cannot reach you. Notice the beauty around you. When you focus on the natural world, the incessant talk of the conditioning stops.



Take your worries to a tree, a stream, or a bird. Shamans speak to nature and receive advice and teachings. In prehistoric times all



humans had that ability. This is something that is inherent in you. The ability is apparently 'lost' only because you have been listening to the wrong channel, the conditioned programme of the world. You can retune your inner radio to pick up the words of nature, the enlightened beings, and your inner spirit. Try changing the dial to another setting, one that supports your awakening.

These changing times are designed to take you deeper into yourself. The descendants will live in a world where the spirited reality and the physical reality have merged and everyone manifests their true nature of love. You are transcending into the love of your spirit. As you are shedding the old familiar skin, find ways to stay aware in the moment. It is in the everyday life that you put your spiritual learning into practice.

The new era will be one where human beings
embody their spiritual nature in their everyday life.
These times are your training ground.

The Enlightened Ones are here to support you. They come close to you, inviting you to step out of the fear of the conditioning and embrace a higher reality of yourself. You are not alone. Perfect awakening and deep healing of the Self is possible in your lifetime.

We thank you for all you do to support your awakening and therefore the awakening of the planet. In overcoming the conditioned reality, you plant seeds of Light everywhere. These seeds will flourish and be harvested by others who will also find their way. Step by step you create a different reality for yourself and the world around you. This lifetime is a journey where you may remember to choose the energies that support you to awaken and live consciously in your Divine Heart and True Self.

Egyptian Mystery School Teachings
The Path of ISIS Introductory Course –

The Spiritual Path of ISET, Part 1
10.00-17.00, 13th-15th November, spaces available

The **Spiritual Path of ISET, Part 1** is the introductory 3-day course for the Path of ISIS teachings. These teachings are a path to Awakening and Ascension that support us to embody our Divine self. The course involves an Initiation process that opens the way for participants to channel the high energy vibrations of the Living Light.

In Person: Glasgow, Scotland – 10.00-17.00, Friday 13th – Sunday 15th Nov 2026

Investment: £475; **Deposit**: £235 (by bank transfer). To book – info@isis-school.com

More Info

Stan Mace interviews Fotoula for his Paranormal Perspectives Podcast – *the wisdom of the ancients*



Fotoula shares, "I recently had the pleasure of joining Stan Mace on his podcast *Paranormal Perspectives*, where we had a lovely conversation about my new book, *Discovering Shamanism: An Authentic Guide to Traditional Healing and Shamanic Practice*. We spoke about shamanism, the wisdom of these ancient traditions, and how we can bring shamanic teachings into our everyday lives. It was a wonderful opportunity to share some of my own experiences from the past twenty years of walking this path, and why I feel that shamanism has so much to offer us, especially in the times we are living in.

The Podcast will be available to listen to from 6.00pm (uk) Friday 6th November

ISET Initiates Community Page

(The information on this page is for ISET Initiates who have taken initiation into the Path of ISIS / Path of the Living Light through attending the Spiritual Path of ISET, Part 1: 3-day Course)

Online ISET Initiates Circles – Tuesday 24th November

Theme for the November Circle**: Coming out of the Abyss**

There us another aspect of the Abyss NU, which is like a dark heavy mire, filled with shifting sands and sticky, muddy soil, where the KA grinds to a halt, until we do the work to remove ourselves from the sticky situations.

These muddy and heavy soils have something to offer the KA, but sometimes we may feel that we have been in them too long. Are we able to release ourselves from the mud and move to the next stage? The Neteru, lead by ONPU and ISET come to support us. This is a ceremony of understanding, release, and deep soul work.



Artwork: ©Gill Hastie

Circle Date: 19.00-20.30 (uk), **Tuesday 24th November**

Investment: £18.00 for each Circle

Upcoming Path of ISIS Courses – 2026

(If space is available Initiates are welcome to repeat Courses for half-price)

Gate 1: Spiritual Path of ISET, Part 1 –
3 days, 10.00-17.00, 13th-15th November
The Introductory Course for the Path of ISIS Teachings

Gate 5: AUSIR 4 –
4 days, 10.00-17.00, 4th-7th December
The next course after Gate 5

Gate 1: Healing Path of ISET, Part 2, In Person –
3 days, 10.00-17.00, 11th-13th December
The next course after the Healing Path of ISET, Part 1



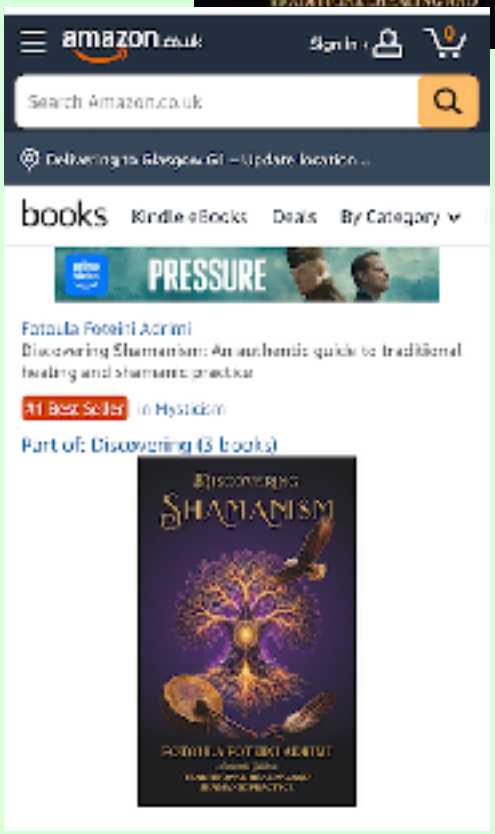


Amazon Bestseller – *Discovering Shamanism*
– Authentic Guide to Traditional Healing and Shamanic Practice
by Fotoula Foteini Adrimi



Fotoula writes: "I am delighted to share that my new book, *Discovering Shamanism: An Authentic Guide to Traditional Healing and Shamanic Practice*, published by Alley Cat House, became a No. 1 bestseller on Amazon UK!

It has been such a joy to hear from people who have already read the book. What touches me most is how much they appreciate its simplicity and accessibility, and how the teachings have helped them connect with something deeper within themselves. When I was invited to write *Discovering Shamanism*, I wanted to create a book that would bring the foundations of shamanic practice to everyone. Something that a person who knows nothing about shamanism could pick up, enjoy and begin practising straight away. But I also wanted the book to be meaningful for those who have been walking this path for many years.



And this is what I love about the book. Although it is concise and easy to read, it does not lose the depth of traditional shamanic teachings, but inspires people to keep learning more about this path. Within its pages, I share the importance of creating sacred space, working with compassionate helping spirits, shamanic journeying, meeting our power animals and spirit guides, the Medicine Wheel, the power of ceremony, and the healing wisdom of the Earth.

Having walked this path for more than twenty years, I have come to understand that shamanism is not about learning techniques. It is about developing a living relationship with Spirit, with nature and with ourselves. Through the beat of the drum, the vibration of our voice, sacred songs, movement and ceremony, we can experience the great joy of shamanism and begin to bring its wisdom into our everyday lives."

The book is available in paperback, Kindle and audiobook formats. Fotoula is particularly happy that there is an audiobook with her own voice, as it offers another way to enjoy the teachings, whether you are at home, travelling or simply taking some quiet time for yourself.

📖 **Find out more about the book and where to buy it**

Discovering Shamanism

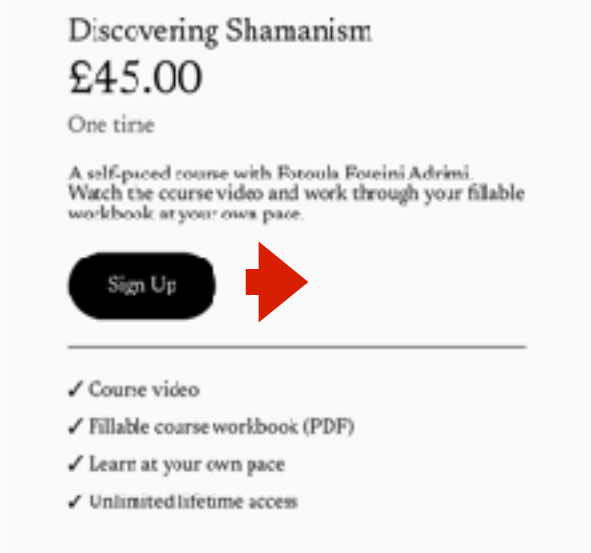
A Dedicated Course to Accompany the Book –
A self-paced course with Fotoula Foteini Adrimi

Fotoula says: "I am also delighted that my publisher, **Alley Cat House**, is offering a dedicated two-hour online course based on *Discovering Shamanism*.

In the course, I guide you through some of the key practices in the book, including setting sacred intentions, creating sacred space, connecting with compassionate helping spirits, journeying to the Lower World to meet your power animal, exploring the Medicine Wheel and journeying to the Upper World to meet your spirit guide.

We also explore singing, movement, ceremony and creating your own shamanic altar.

The course includes a downloadable workbook with exercises and reflections, helping you deepen your experiences. You can follow the teachings in your own time, returning to the practices whenever you wish."



Find out more about the course:

Self-paced Course

A Small Request from My Heart

Fotoula asks: "If you have read *Discovering Shamanism* and enjoyed it, I would be very grateful if you could take a few moments to leave an honest review on Amazon. Reviews make a real difference, especially for authors whose work reaches people largely through personal recommendations. They help others discover the book and decide whether it may be something they would enjoy.

You do not need to write very much. Just a few words about what you liked, what you discovered or how the book touched you would be wonderful. I am deeply grateful to everyone who has supported this book, shared it with others or sent me such lovely messages about it.

My hope is that *Discovering Shamanism* continues to open doors for people, reminding us that the sacred is not somewhere far away. It is here, in the Earth beneath our feet, in the wind, in the trees, in our hearts and in the beautiful web of life to which we all belong, for we are all connected and we are all the one family.

With love and blessings to all our relations,"

Fotoula

Review on AMAZON



In-Person Shamanic Fundraising Ceremony for Nepalese Children

7.00pm-9.00pm, Monday 9th November

Venue: the Library, Glasgow Theosophical Society, 17 Queens Crescent, Glasgow, G4 9BL

by Donation Email: info@isis-school.com to book

Help Us Bring the Gift of Education to Children in Nepal. All welcome.

Since 2016, the Glasgow Theosophical Society has been raising funds every year to help orphaned and impoverished children in Nepal receive an education.

Our donations go directly to Shree Saraswoti Secondary School in Doti, Nepal, providing not only education but also books, clothes, shoes, and accommodation for children who live days away from the school and have no access to education in their own villages.

For these children, education is more than learning. It is a chance for a different future. This year, we are short of the funds we normally send, and we are reaching out to our wider spiritual community for support. Join us for a **Sacred Shamanic Ceremony – Remembering Our Soul's Purpose** – book your place by email – info@isis-school.com

Through the sacred beat of the drum, we will journey within to connect with our Higher Self, remembering why our soul chose to come into this life and how we can bring our unique gifts more fully into the world. The ceremony will be facilitated by Fotoula Adrimi, who is the Membership Secretary of the Glasgow Theosophical Society.

All donations are collected by the Glasgow Theosophical Society and transferred directly to the Nepal School, without intermediary organisations. If you cannot attend but would love to help? You can make a donation here:

Donate

Or email info@isis-school.com for the Glasgow Theosophical Society's bank details.

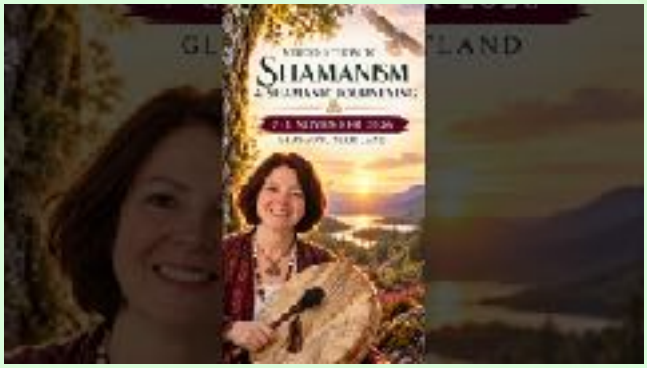
Even a small donation can make a meaningful difference in a child's life.



Join us In Person for this comprehensive two day Introduction to Shamanism Course facilitated by Shamanic Teacher Fotoula Adrimi

Introduction to Shamanism – Course Overview

This is a unique workshop and teaching that will help you access your inner mystic, visionary and oracle, and discover the non-ordinary reality. You will have the opportunity to connect with your power animals and spirit guides. Through the ancient art of shamanic journey we grow our power and access our essence of love. We meet our spirit teachers and receive valuable insights on issues we may face and evaluate our personal life. We realise that we are not alone but part of a multi- dimensional universe that supports our growth. In our experience of over 17 years, shamanism has helped many overcome fear, sadness and gain confidence. People who attend this two-day Introduction to Shamanism course may feel that they are finally coming home.



Click photo above to play video

The Course Covers

- foundation teachings on how to journey shamanically and access the different etheric planes in the lower, middle and upper worlds; how to open sacred space and work safely with your spirit guides and power animals;
- how to build a shamanic altar;
- what is classic shamanism and shamanic healing
- how to retrieve your inner power and carry out power retrieval for others.
- power songs and healing chants, working with the drum/rattle.
- how to work with the Medicine Wheel for deep alignment and direction.

The Course requires booking with deposit to secure your place

Investment: £300.00

Deposit: £150.00, to secure your place *(non refundable and non transferable)*

In Person Course Dates and Time: 10.00-17.00 (both days), Saturday 7th – Sunday 8th Nov

Venue: Lecture Room, Glasgow Theosophical Society, 17 Queen's Crescent, Glasgow G4 9BL

To book contact Fotoula And Fi – **info@isis-school.com**

More Info



In Person Shamanic Practitioner Course

Join us in February 2027 – book your space

A shamanic practitioner is a bridge between the world of spirit and the alternative realities, and our own physical world. The practitioner crosses the bridge entering parallel universes to bring healing, life-force, guidance and deep awareness to themselves, their clients and their community.

The ISIS School offers an in-depth **In Person Shamanic Practitioner Training** designed to take participants through the initiations of the shamanic path and teach the healing work of a shamanic practitioner. Participants will work with spirit guides and teachers of the light, to become the bridge between the worlds and bring the spiritual light into the physical reality.

How is the Shamanic Practitioner Course designed?

This is a powerful shamanic practitioner course that involves learning and practicing ancient ways. The course is designed to take participants through the initiations of the shamanic path and teach the healing work of a shamanic practitioner.

What will the Shamanic Practitioner Training cover?

The training covers ceremony, Power Retrieval and Introduction, Healing with Spiritual Light, Medicine for the Earth, Shamanic Journeying and Divination, Soul Retrieval, Extraction, Psychopomping, Death and Dying, and finishes with a Graduation Ceremony. It is a comprehensive course offering a strong foundation for shamanic practice.

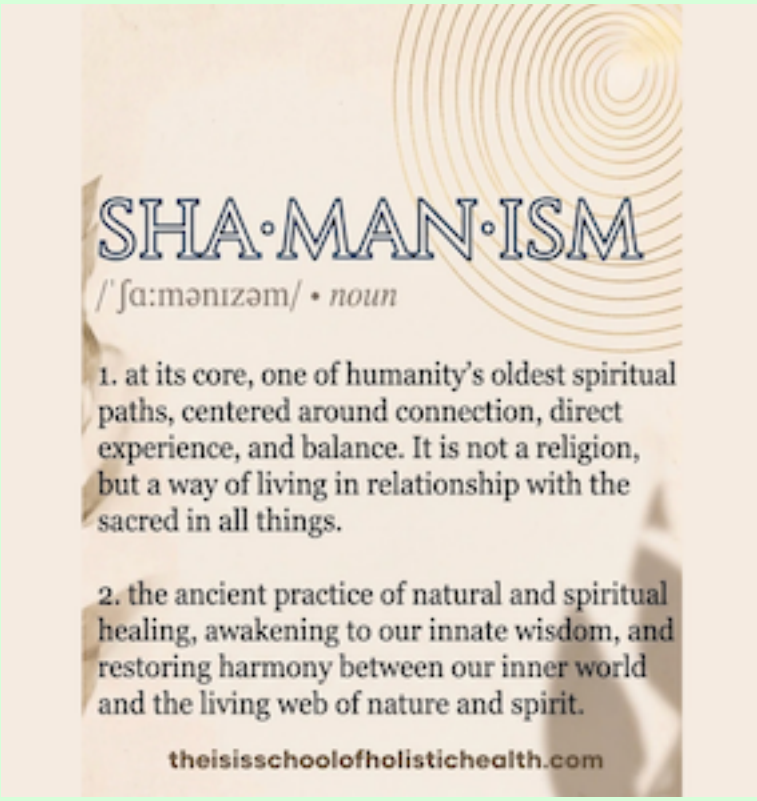
How long is the Shamanic Practitioner Course?

The whole shamanic practitioner course is taught as a **two year ceremony**. It is much more than sharing information and techniques. We will be riding a shamanic wave on a journey home to ourselves. We hope that the ceremony will carry everyone to a new depth and inner understanding of themselves, within and outside the times we meet.

About the Shamanic Practitioner Course

To graduate as a shamanic practitioner participants need to complete all modules and casework, and attend the graduation ceremony. This is a commitment each participant makes with the wise spirits / guardians of these ancient teachings. The shamanic practitioner course teaches the methods but it is up to participants and their wise spirit teachers to develop the art. No-one can make us a practitioner. It is an inner calling and a gift from spirit to the person.

Once you sign up, changes may take place to align you with your path and soul's calling.



Places on the course are limited

Bookings are essential. We teach in small groups to allow space for each person on the training to speak and be heard. *(Note: Should there be any restrictions to meeting in-person (eg lockdowns) the course will continue online for the affected meetings.)*

If you are interested in the Shamanic Practitioner Course then email Fotoula: info@isis-school.com

In addition, there may be spaces available for anyone who has already completed the Shamanic Practitioner Course with The ISIS School of Holistic Health Ltd, and wishes to repeat the course. Please contact us.

Shamanic Teacher – Fotoula Adrimi

Fotoula Adrimi is a highly experienced shamanic teacher who radiates the light of compassion to her students. She has been holding weekly shamanic circles and workshops since 2009 and teaching shamanic practitioners since 2012.

What People Say – LEWIS

"I first looked into the Shamanic Practitioner's course with the ISIS School of Holistic Health after a long battle with my health. I signed up with the intention of healing myself, but now I have the ability and confidence to offer healings to other people. It is an amazing course and I have been blessed with a fantastic tribe. Fi and Fotoula are kind, patient, funny and very supportive. I highly recommend them as teachers and this course to anyone interested in Shamanism."

Shamanic Practitioner Training - Read More



Shamanic Dance of the Sacred Spirits
In Person – Glasgow, Monday 21st December

We meet near the Winter Solstice – 18.00-21.00, Monday 21st December

The Enlightened Shamanic Spirits have asked us to hold the Shamanic Dance of the Sacred Spirits **every three months** at the time of the equinoxes and solstices. They say, "the Ceremony is a healing dance for the Earth, everyone taking part, and all beings. It is a dance to bring change to your world and increase the vibration of the Earth, healing disharmony and suffering. This is a circle of service, for those with a pure intention to work for the highest good."

The Sacred Dance



In the dance we will merge with helping compassionate spirits to bring healing to ourselves and the world reality. We will journey to the spirits of the dance and then invite them to come through our body as we move to the sound of the drum, chanting, and tribal music. We will release heavy energy and bring in higher vibrational Light. At the end we will do a transfiguration practice to release the spirits. Fotoula has also found that just before the ritual ends, beings who have died but have not gone to the light can come to the altar for release. If this happens she will guide a psychopomping.

If you wish to come and cannot dance or dance for the whole time, do not worry. You can sit and participate with your intention, play your drum or rattle, and still be part of the ceremony. The dance part only lasts 30-45 minutes. There will also be time for a sharing space afterwards where we can speak the wisdom that comes through our wise heart.

Details about the Sacred Dance Ceremony

Time: 18:00-21:00 *(Please note we start at 18:00 not 19:00)*

Date: Monday 21st December, Winter Solstice

Shamanic Dance - More Info

Venue: Library, Glasgow Theosophical Society,
17 Queen's Crescent, Glasgow

Investment: £35/£30 concession (pay by bank transfer to The Isis School) or cash on the night

(Bookings essential to secure your place – email: info@isis-school.com)

Priestess of the Moon™ Training

Registration is now open for the new Priestess of the Moon Circle beginning February 2027



A two-year Training that supports women to embody their sacred power

For thousands of years ceremonies took place in sacred sites overseen by Priestesses and Priests of the Living Light. This lineage, that was also found in Scotland, is being reintroduced through The ISIS School of Holistic Health Ltd. The ceremonies and teachings take women into a magical journey of self-empowerment and deep realisation of their inherent gifts.

The Celtic Goddesses and spirits of the land welcome back the women who open their heart to their deep connection, ancestral wisdom and magic.



As one Circle ends a new Circle is about to begin – our beautiful graduation Ceremony in Kilmartin for our Priestess of the Moon 2025-26 Training

The Priestess Training Programme

The Priestess of the Moon™ Training is based on the Celtic Pagan tradition but at the same time, adopts a cross-cultural approach. During the course we explore ancient traditions of the Goddess and female priesthood from different cultures around the Earth, such as ancient Greek, ancient Egyptian, Shamanic, Native American and Himalayan.

Participants can find their own representation of the Goddess in whatever way is suitable for them and their beliefs.

The Priestess Training begins with an Initiation in a Stone Circle of the Sun and Moon, an ancestral place of power, where we make the commitment to walk the Path of the Priestess and support each other as women co-creating a Circle of Sisterhood. We bring our gifts into the world and share them with All.

The Course will teach you how to hold Ceremony for yourself, the circles of people who will come to you, and the people who wish to go through Rites of Passage. During the two years we share the Priestess of the Moon Ceremonies:

- the Sun Festivals – the equinoxes and solstices, and the Fire Festivals – Imbolc, Beltana, Lammas, Samhain;
- the different phases of the Moon – the dark moon, new moon, waxing moon, full moon, waning moon;
- Ancestral healing ceremonies;
- Womb Rites – womb healing and activation;
- Naming ceremony – for babies and adults;
- Funeral service;
- Sacred Marriage to the higher self;
- Hand Fasting Ritual;
- Working with the Fae and spirits of the land;
- And many other ceremonies and teachings.



How to join the Priestess of the Moon™ Training

If you are interested in joining the Priestess of the Moon Training contact Fotoula and Fi for the Registration Forms – email: info@isis-school.com

This is a Circle of women who are committed to working together for two years. It is a huge commitment. It means that you have to attend the two Residential Retreats and the seven Weekend Trainings which are all in-person. And attend the twelve Live Online Circles – six in 2027 and six in 2028. For people who have not worked with us before, when we receive your Registration Forms we will arrange a zoom chat so that we can meet each other, speak more about the Training, and answer any questions you may have.

There is a lot more information about the Course on the website, as well as all the practical information, such as dates and costs.



More about this powerful Training

Circles & Energy Transmissions – November

Fotoula's Shamanic Circle – November Dates



Fotoula has been facilitating the **Shamanic Circle – The Way of the Drum** since 2009. She is an experienced shamanic teacher and practitioner who has helped many people find their calling through shamanism and alternative spirituality. Investment for each Circle is £18 / £15 conc.

Dates for November:– **9th Nov**: In Person Fundraising Ceremony: Remembering our Soul's Purpose; **16th Nov**: In Person; **23rd Nov**: Online

More information

Fi's Online Meditation and Chanting Circle – Thurs 19.00-20.30 (uk)



The Circle is open to beginners and experienced practitioners. We harness the power of mantra – sacred sound – to help us awaken enlightened qualities within us and transform the conditioning that limits us from experiencing our Divine Self.

Circle dates in November: 5th, 12th, 19th and 26th

Cost for the Circle – £10.00. Payment by bank transfer or via PayPal using – fi@isis-school.com.

More information

ISIS Energy Transmissions of the Living Light – November

The ISIS School offers everyone the opportunity to connect distantly with the ISIS Energy Transmissions and experience the high vibration and healing qualities of the Living Light.

Transmission dates (19.00-20.00 uk): 4th, 11th, 18th, 25th November

Please email the School: info@isis-school.com if you wish to connect with any or all of these Transmissions. For information on how to connect with the ISIS Energy Transmissions click here

Rays of Divine Consciousness Transmission – November



Each month the ISIS School offers a Transmission of the Rays of Divine Consciousness that is open to everyone, worldwide.

The Rays Transmissions are: **19.00-20.00 (uk) Tuesday 10th November**. Please check your time zone if connecting from overseas. There is no need to let us know you are connecting with the Rays Transmission.

The ISIS School Calendar of Events

(Click the blue text to find out more information about an event)

November 2026

5th: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

7th-8th: 10.00-17.00, 2-day Introduction to Shamanism Course – open to all (spaces available)

9th: 19.00-21.00 Shamanic Circle – **In Person; Fundraiser for Nepalese Children** – Open to all

10th: 19.00-20.00(uk) Rays of Divine Consciousness Monthly Transmission – Open to all

11th: 19.00-20.00(uk) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

12th: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

13th-15th: 10.00-17.00, Path of ISIS, Spiritual Path of ISET, Part 1 – **In Person**. *(The Introductory Course for the Path of ISIS Teachings)*

16th: 19.00-21.00 Shamanic Circle – **In Person** – Open to all

18th: 19.00-20.00(uk) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

19th: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

21st: 10.30-17.30(uk) In Person and Online Advanced Shamanic Practitioner – final Module

23rd: 19.00-21.00(uk) Shamanic Circle – **Online** – Open to all

24th: 19.00-20.30(uk) ISET Initiate Circle – Open to all ISET Initiates

25th: 19.00-20.00(uk) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

26th: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

27th-29th: 10.00-17.00, Path of ISIS, AUSIR 1. *(The next Course after Gate 2)*

December 2026

2nd: 19.00-20.00(uk) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

3rd: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

4th-7th: 10.00-17.00, Path of ISIS, AUSIR 4

8th: 19.00-20.00(uk) Rays of Divine Consciousness Monthly Transmission – Open to all

9th: 19.00-20.00(UK) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

10th: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

The ISIS School Calendar of Events (cont.)

December 2026 (cont.)

11th-13th: 10.00-17.00, Path of ISIS, Healing Path of ISET, Part 2 – **In Person**. *(The Fourth Course for the Path of ISIS Teachings Gate 1 teachings)*

14th: 19.00-21.00 Shamanic Circle – **In Person** – Open to all

15th: 19.00-20.30(UK) ISET Initiate Circle – Open to all ISET Initiates

16th: 19.00-20.00(uk) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

17th: 19.00-20.30(uk) Live Online Meditation and Chanting Circle – Open to all

20th: 18.00-21.00 Path of ISIS: Pyramid Text Ceremony – **In Person and Online**, Open to ISET Initiates

21st: 18.00-21.00 Shamanic Dance of the Sacred Spirits – Open to all – bookings essential, spaces limited

23rd: 19.00-20.00(uk) ISIS Energy Transmission of the Living Light – Distant Transmission open to all

January 2027

22nd-24th: 14.30-20.30(uk), Path of ISIS, Spiritual Path of ISET, Part 2 – **Online**. *(The Second Course for the Path of ISIS Teachings Gate 1 teachings)*

February 2027

6th-7th: 10.00-17.00, Introduction to Shamanism and Shamanic Journeying

9th-14th: 16.00-21.00(uk), Past Life Regression Course – **LIVE ONLINE**

20th-21st: 10.00-17.00, Two-Year In Person Shamanic Practitioner Course – First Weekend

26th-28th Starting weekend for the Two-Year Priestess of the Moon Training – First Weekend

March 2027

12th-14th: 10.00-17.00, Path of ISIS, Spiritual Path of ISET, Part 1 – **In Person**. *(The Introductory Course for the Path of ISIS Teachings)*